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# THE RIVER WEEKLY NEWS

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Vol. 15, No. 25

From the Beaches to the River District downtown Fort Myers

JUNE 24, 2016

## Special Reception At Davis Art Center Friday Night



Richard Bravo with some of his artwork

photo courtesy of Sidney & Berne Davis Art Center

The Sidney & Berne Davis Art Center is hosting a night filled with art, music and poetry during the Enter The Mind exhibition by artist Richard Bravo. This one-night event, free and open to the public, will take place from 7 to 10 p.m. on Friday, June 24.

The opening reception will include a cash bar, a meet-and-greet with local artists and a raffle for an original Bravo piece. A portion of proceeds will benefit The Quality Life Center in Fort Myers.

The exhibit features mixed media works, sure to give viewers a unique perspective on fashion, society and politics through the eyes of the artist.

Originally from New York, Bravo takes pride in being a Southwest Florida resident who's ready to reemerge into an energized, cultured, and creative community. At one of the most beautiful and historic buildings in Fort Myers, he's reaching the point where he's ready to showcase his work to those in his own backyard.

"It's not where you are from, but where you are in the present," said Bravo, who continued on page 17



Veterans will be admitted free on July 4 at the Edison & Ford Winter Estates

## Free Admission For Veterans On Independence Day At Edison Ford

To celebrate Independence Day – and Thomas Edison's favorite holiday – the Edison & Ford Winter Estates is offering free admission to United States veterans and their families. Free admission includes an audio tour of the historic homes, gardens, laboratory and museum.

Veterans should present a VA identification card or their DD214 papers. Veterans will also receive a 10 percent discount on Edison Ford membership and items purchased in the Museum Store, Ford Cottage Shoppe and Edison Ford Shoppe at Bell Tower Shops.

Edison Ford is a member of Blue Star Museums, so all active duty military will also receive free admission. The program includes active duty military in the Army, Navy, Air Force, Coast Guard, Marines, National Guard and Reserve, U.S. Public Health Service Commissioned Corps, and NOAA Commissioned Corps. Up to five family members may also be admitted free. The Blue Star Museums free admission program is available to any bearer of a Geneva Convention common access card (CAC), a DD Form 1173 ID card (dependent ID), or a DD Form 1173-1 ID card.

According to historical documents, Edison would get up early in the morning on the Fourth of July to spend time with his children and set off a giant firecracker in his yard. The children would dress in Fourth of July costumes and Edison and the children would throw Chinese firecrackers. Edison even made his own fireworks with TNT added and called them incendiary torpedoes.

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## Explore The River District During Art Walk

The historic River District in downtown Fort Myers comes alive with Art Walk on Friday, July 1. Art Walk is held on the first Friday of each month from 6 to 10 p.m. and on Saturday from 11 a.m. to 4 p.m. year-round. Held rain or shine, Art Walk will soon be entering its eighth year.

More than 14 downtown galleries along the riverfront feature exceptional art in a variety of mediums done by local artists, and some national and international artists as well. Guests can meet the artists and discuss their works on Friday night. The walk is self-guided and there is no charge to attend.

Fort Myers Art Walk includes the Gardener's Park area and West First Street. Local galleries offer a map to lead you to all the art venues and



Rock and Reverie Gallery

Art Walk partners. There are cultural venues, specials at restaurants, bars and businesses, plus live music.

Art Walk participants include:

- American Legion Veterans Gallery – showing artwork done by veterans
- Art League of Fort Myers – New exhibits each month

- Arts for ACT Gallery – Features three or more art exhibits every month plus co-op members art
- Bootlegger Alley Gallery – Outdoor gallery open only during Art Walk in the Patio de Leon
- Grand Illusion Gallery – Art and

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Print by Darryl Pottorf at ACT Gallery



Historic Downtown Fort Myers, Then And Now:

# Ordinary Texts Reveal History



by Gerri Reaves, PhD

Deeds, wills, census records, maps and birth, marriage and death certificates... all are examples of official authoritative documents that inform our versions of history.

But what about less authoritative texts, the kind that usually end up in the trash? Sometimes those texts illuminate the everyday life of real people in a way that official texts can't.

Take the three texts pictured here, for example: a 1963 phone book from the Franklin Arms Hotel, the Fort Myers Military Band minutes from more than a century ago, and a 1928 membership card for the "Invisible Empire," more commonly known as the Ku Klux Klan.

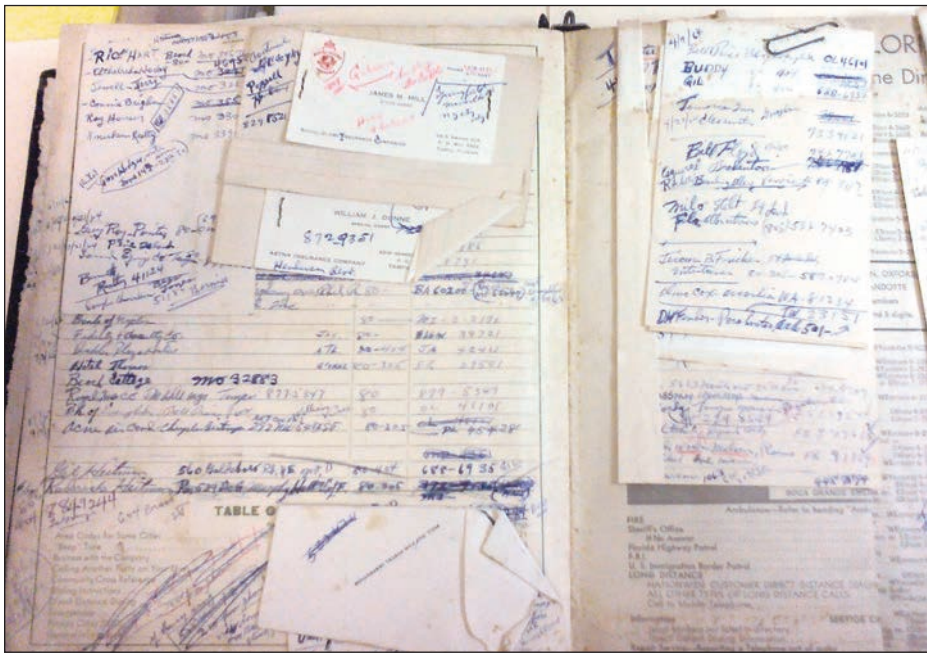
One can imagine Franklin Arms owner Gilmer Heitman penciling in those "Important Telephone Numbers," as one page was headed. The handwritten impromptu nature of the entries make the mass-produced phone book personal and custom-designed, with attached business cards and notes spilling over the pages.

It's the kind of text that seems chaotic to everyone but its creator.

The listed numbers include contacts that would have been useful for the busy hotel on the southwest corner of First and Lee. Numbers for taxi services, the Bank of Naples, hotels in Tampa and Miami, and insurance agents appear in the notes, as do "beach cottage" and "Ray—painter."

That 1928 membership card for the Invisible Empire, the Knights of the Ku Klux Klan (KKK) is a reminder, if one is needed, that Fort Myers, like many towns, has had disturbing chapters in race relations.

Who knows how many citizens walked around with such a card in their pockets? Racially motivated lynchings were not unusual in newspaper stories of the early 20th century.



This 1963 phone book from Gilmer Heitman's Franklin Arms Hotel is chock-a-block with handwritten notations  
photos by Gerri Reaves

The card verifies that the bearer, a member of Klan 19 in the Florida Realm, has "been found worthy of advancement to the mysteries of Klankraft" and thus is "passed to K-Trio or Knights of the Great Forrest."

Even as late as 1958, racial tensions ran high, as News-Press Editor William Spear recorded in his personal documents: "a fiery cross burned one night on the lawn in front of the editor's home." It was set by racists who never were identified.

That incident bearing the KKK's signature fiery symbol "followed the paper's publication for the first time of a black girl's engagement picture on the Sunday society page," Spear wrote. "She was a Dunbar school teacher who was marrying a black Air Force officer."

The minutes of the first meeting of the Fort Myers Military Band at 8 o'clock on June 13, 1911 documents a moment in history of a very different organization.

That community band has roots in the Fort Myers Brass Band, which is surely one of the first arts organizations in town. It has reorganized several times and varied in size and name over time -- brass, concert, military, or community band -- but contributed immeasurably to the town's cultural and recreational history.

One of the band's proudest and earliest engagements was serenading Thomas A. and Mina Edison on their honeymoon in 1886.

The three-page minutes indicates that this was a revival or reorganization, for the first order of business was to elect officers, who included W. Stanley Hanson as secretary, and discuss the recruitment of interested members.

Next in importance was raising \$300 to \$400 for instruments. The band got off to a good start, when a member presented a check from an "unknown friend of the band" and solved the problem.

A motion was passed that the generous "friend" be made an honorary president of the newly reorganized band.

Some things never change much, though.

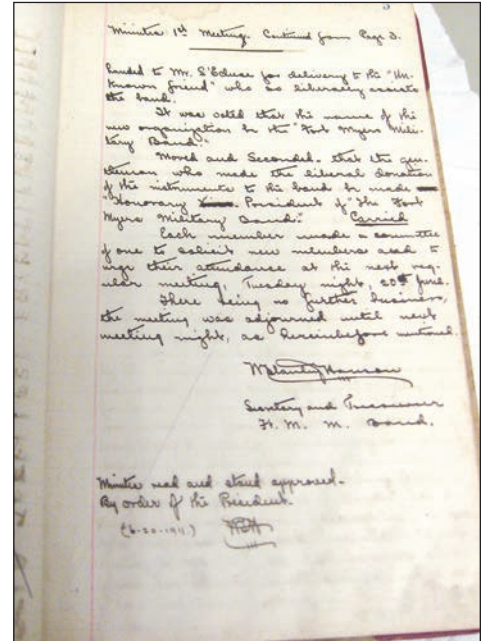
Today the former Franklin Arms office space is a law office, but it's a safe guess that those who work there still note frequently called numbers, either by hand or in auto-dial.

Hundreds of local organizations hand out membership cards with little thought to their eventual disposal or preservation, much less their future role in history research.

And just as many organizations compose and approve minutes that, once filed away for posterity, are seldom consulted.



This 1928 Ku Klux Klan membership card verifies that the bearer is worthy of advancement to "K-Trio or Knights of the Great Forrest." (The names of the member and signer are obscured for privacy.)



Secretary W. Stanley Hanson signature concludes his handwritten minutes of the first meeting of the Fort Myers Military Band, June 13, 1911

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Photo by Brian Tietz



Fort Myers Art:

## Gallery Exhibit Reflects Symbiotic Blend Of Abstract And Representational

by Tom Hall



Art and fashion collided Saturday night at DAAS Co-op in the Royal Palm Square off Colonial Boulevard. On display was the work art of artist, runway/print model and business woman Lia Martino.

The influence of art on fashion often goes undetected. Frankly, most lack the background to appreciate how particular artists, artwork and movements influence fashion and fashion designers. However, for more than a century now, talented designers often borrow from iconic artists. Alexander McQueen, Karl Lagerfeld, Rodarte, Gianni Versace, Balenciaga, Isabel Marant, Cynthia Rowley, Dolce and

Gabbana, Carven Guillaume Henry, Gucci, Prada, Louis Vuitton, Elsa Schiaparelli, Michael Kors, Proenza Schouler, Prabal Gurung and Yves Saint Laurent are just a few of the more recognizable designers who have been significantly influenced by fine art. Among their influences are such art world legends as Andy Warhol, Piet Mondrian, Vincent Van Gogh, Henri Matisse, Franz Kline, William de Kooning, Gustav Klimt, Salvador Dali, Bosch, Josef Albers, Ellsworth Kelly, Anish Kapoor and Takashi Murakami.

But Martino needn't borrow iconic, mid-career or emerging artists past or present. The paintings, drawings and sketches on exhibit at DAAS Co-op show the influence of her own highly-evocative though decidedly minimalist abstract work. Dresses contain bold blocks of black, white and gold fabric. Portraits contain little more than eyes, lips and drip marks, leaving it to the viewer's eye and mind to supply the missing elements and personality.

Although Martino's large-scale stretched paintings are obviously the focus of this show, the drawings and sketches that line the hall leading in from the gallery's front door underscore Martino's depth and versatility. Torn from the binder of Martino's sketchpad and suspended by pale bone clothespins from string, the muses who peer at passing guests reflect the artist's feel and personal flair for hair, make-up, jewelry and couture. Like the larger works these studies inspired, Martino's fashion drawings evince her spare color palette and economy of brushwork and marks. But her portraiture is seductive.



Lia Martino greets a guest at her exhibition inside the gallery at DAAS Co-op

Nowhere is this more in evident than in *Heidi*, a portrait that is as beguiling for its flat, two-dimensionality as it is mesmerizing for its treatment of the subject's ruby red lips and sultry shuttered blue eyes – a companionable, symbiotic blend of abstract and representational that is uniquely Martino and which gives the viewer life.

It was heartening to see many red tags, and Martino informs that prints are being made for collectors who'd like a Martino but cannot part with four or five figures to own an original. And that's yet another reason to drop by DAAS Co-op to see this collection of paintings, drawings and even some of Martino's original fine art jewelry.

DAAS Co-op Art Gallery & Gifts is located in the Royal Palm Square mall at 1400 Colonial Boulevard, Suite 84 in Fort Myers. More information is available at [daascoop.com](http://daascoop.com) or by calling 590-8645. The gallery opens for regular business hours from 10 a.m. to 6 p.m. Tuesday through Saturday.

### FGCU Exhibition To Feature Works From Art Gallery's Permanent Collection

The Art Galleries at FGCU is preparing for its next exhibit, Inspired Collectors: Highlights from the Permanent Collection. The exhibit will feature a range of works that have been donated to Florida Gulf Coast University's portable works collection, which has steadily grown over the years to include a variety of styles and media. This exhibition features a range of works that have been donated to the gallery including abstract prints, Haitian paintings and other works by contemporary artists.

Sponsored by Gene and Lee Seidler and the State of Florida, Department of State, Division of Cultural Affairs and the Florida Council on Arts and Culture, the exhibition will run from August 17 through September 22, with an opening reception and round table discussion beginning at 5 p.m. on Thursday, September 1. The exhibition will be on display in the main gallery, which is located in the Arts Complex, 10501 FGCU Boulevard South in Fort Myers.

For more information, call 590-7199 or visit [artgallery.fgcu.edu](http://artgallery.fgcu.edu).

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✧

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## Heavy Medieval Band To Perform At The Alliance

What would it look and sound like if Shakespeare put on a rock concert? Find out on Saturday, July 16 at the Alliance for the Arts in Fort Myers. Heavy Medieval band The CRAIC Show will present something completely new, The Princess, the Beast & The Shee an Gannon:

*Harken and hear! People of this great land*

*Give ear and eye to what ye are about to behold*

*For pipes and drums and strings are at hand*

*And a tale of true love shall surely*

*unfold...*

More than a concert or a musical, the concert is described as "a neo-Renaissance theatrical experience that's not to be missed!"

Doors open 6:30 p.m., the show begins at 7:30 p.m. and ends at 9:45 p.m., with a 15-minute intermission. Pre-sale tickets are \$20 and tickets at the door are \$25. Tickets are available online at [ArtInLee.org/events](http://ArtInLee.org/events) or by calling 939-2787.

The Alliance for the Arts is located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers.✧



## Neil Simon Classic Heats Up The Stage At Off Broadway Palm



The cast of *Last of the Red Hot Lovers*

The Off Broadway Palm Theatre is heating things up this summer with *Last of the Red Hot Lovers*, playing now through July 30. This Neil Simon classic is one of his most amusing comedies.

*Last of the Red Hot Lovers* tells the story of Barney Cashman, a middle-aged restaurateur who married his high school sweetheart. Barney yearns for an extra-marital affair in his faithful marriage before his life is over. Realizing his mother's apartment is vacant all afternoon, he uses it to make attempts at seducing women, only to learn that he just can't succeed in sinning. The cast includes Jerry Sciarrio as Barney, Katie Pankow as Bobbi, Kelly Legarreta as Jeanette, and making her debut at the theater is Dena Galyean as Elaine.

The Off Broadway Palm is located in the main lobby of Broadway Palm Dinner Theatre. Performances are Tuesday through Sunday evenings with selected matinees. Ticket prices range from \$33 to \$53 with group discounts available for parties of 20 or more. Tickets are now on sale and can be reserved by calling 278-4422, by visiting [www.BroadwayPalm.com](http://www.BroadwayPalm.com) or by stopping by the box office at 1380 Colonial Boulevard in Fort Myers. ✨

## Paint Wine Glasses At The Alliance



Hand-painted fish glasses

Member Art Nights continue at the Alliance for the Arts on Saturday, July 9 from 6 to 8 p.m. with wine glass painting. Registration includes a glass of wine and snacks but you can bring your favorite beverages to share. You must be a member in order to participate.

A local artist will guide you through a class that involves painting a set of two wine glasses. These are a great

functional piece of art. You will also be sent home with instructions for curing your glasses in the oven, making them hand-washable. One design will be selected for the guided group, but there are several designs to choose from if you feel confident to work on your own without direct instruction.

The Member Art Night Series will conclude on Thursday, August 11 with ceramic pointillism from 6 to 8 p.m. Paint your own bisque-ware bowl using a fun pointillism technique. Use acrylic paints to design a pre-formed and fired ceramic bowl demonstrating unique designs and styles to help guide you through your project. This piece of decorative art will make a great gift or a fun conversation piece in your home.

Member Art Nights are \$35. Register online at [ArtInLee.org/events](http://ArtInLee.org/events). Space is limited. You must be a member in order to participate. Individual memberships are \$55 annually or family memberships are \$80. No experience is necessary.

The Alliance for the Arts is located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers. ✨

## Honoring Mother: A Life Of Giving Continues

submitted by Marie Hughes  
and Myra Jean Gavin

Myra Legg will be celebrating her 90th birthday on June 25, surrounded by family and friends. It is a wonderful milestone in her life.

Myra became a Christian at the age of 12 and was baptized in the Barren River in Bowling Green, Kentucky. She married Silas Legg on July 8, 1951 and shared 43 years of marriage with him until he passed away in September 1994.

She was a beautician and a laundress while raising her children at home and later pursued a 23-year career as an educator at Henry C. Morton Elementary School in Benton Harbor, Michigan. Silas and Myra worked with the East Main Street Church of Christ in Benton Harbor until Silas' passing. They had a special interest in the spiritual and



Myra Legg

academic education of young people and were great supporters of Southwestern Christian College in Terrell, Texas.

Myra moved to Sanibel in 1996 and continued her life of giving and service on the island. She began volunteering at HealthPark Hospital, working in patient transport, patient information, arts and healthcare as well as with the Lee Physician Group and accumulated 696 volunteer hours of service. She also volunteered numerous hours as a docent at the Bailey-Matthews Shell Museum and was especially happy to share her knowledge of shells with students from area schools during their tour of the museum. Yearly, she enjoyed wrapping Christmas presents at The Community House for island children.

Myra was one of the first residents of CHR's Casa Mariposa, where she lived for 15 years. She enjoyed visiting her neighbors and helping them in any way possible. Although she is faced with some health challenges, Myra maintains a happy and joyful spirit and always greets others with a beautiful smile. Her accomplishments are too numerous to share, but her example of giving and service to others and support of her family is a shining light to all who know her.

She enjoys attending worship at the Southside Church of Christ in Fort Myers, crochet, word search puzzles, making wreaths and helping her family. She is now being cared for by her son-in-law, daughters and grandchildren.

Myra's favorite Bible scripture is "Whatsoever thy hand findeth to do, do it with thy might..." , Ecclesiastes 9:10. ✨

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# Call To Artists For Alliance Family Festival In October



A past Fall for the Arts family festival at the Alliance for the Arts

The Alliance for the Arts is now accepting applications for Fall for the Arts 2016. This 14th annual free family festival will be held from 10 a.m. to 3 p.m. on Saturday, October 15 on the field at the Alliance.

Fall for the Arts brings artists and cultural organizations together to engage with families from across Southwest Florida. Artists can demonstrate their talents and sell their work, while organizations can present their upcoming seasons.

Fall for the Arts features live performances throughout the day, with plenty of games, craft stations, face painting and food from local vendors. This year the festival will be expanded, thanks to a \$10,000 grant from the National Endowment for the Arts (NEA).

Online registration must be completed by August 15 to ensure inclusion in event marketing materials. The fee is \$50 for Alliance member artists and organizations or \$70 for non-members. The fee includes a covered 10-foot by 10-foot vendor space, six-foot table and two chairs.

Visit [www.ArtInLee.org/FFTA](http://www.ArtInLee.org/FFTA) for more information or to register online. Fall for the Arts 2016 is sponsored in part by Pediatric Dentistry of Fort Myers – Dr. Tim Verwest, Caloosa Tent & Rental, Publix Supermarket Charities, the News



A local drum squad

Press Media Group and *Lee Family News Magazine*.

The Alliance for the Arts campus and galleries are open to the public from 9 a.m. to 5 p.m. Monday through Friday and from 9 a.m. to 1 p.m. on Saturdays. It is located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers.\*



Festivalgoers watch the entertainment



Face painting



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## Fort Myers Dining Club Meeting



Fort Myers Dining Club members at Cafe Italia

The Fort Myers Dining Club hosted a rally at Cafe Italia on June 15. Chef and owner Michael Romano, who opened his cafe in Sanibel Beach Plaza (across from Tanger Outlets) late last year, donated bruschetta and prosciutto appetizers for the group of 15. Romano serves homemade pasta and meats, all made from scratch, and has inspired a devoted following.

The Fort Myers Dining Club meets once per month at a local restaurant to socialize and raise funds for charity – the new beneficiary is LHMS Military Support Program. Visit [FortMyersDiningClub.com](http://FortMyersDiningClub.com) to sign up.✱



Angela Nader

## Metro-McGregor Kiwanis Adds Two New Members

The Fort Myers Metro-McGregor Kiwanis recently added two new members to the club roster: Angela Nader and James Wineinger.

Nader, a Fort Myers resident, is principal of Orangewood Elementary School. Wineinger, a Fort Myers resident, is executive director for Hope Clubhouse.

The Metro-McGregor Kiwanis Club is looking for more service-minded



James Wineinger

individuals and business professionals who would like to make a direct impact on the community through volunteering. Meetings are held every Tuesday at 11:30 a.m. in Fort Myers.

For more information about joining the Metro-McGregor Kiwanis Club, call membership chair Stewart Ross at 507-304-1624 or club president Heather Chouinard at 332-4440. Interested individuals can also email [stewart.ross@mnsu.edu](mailto:stewart.ross@mnsu.edu) or [Heather.Chouinard@IBERIABANK.com](mailto:Heather.Chouinard@IBERIABANK.com). The Metro-McGregor Kiwanis Club can be found on Facebook or online at [www.metro-mcgregor.com](http://www.metro-mcgregor.com).✱



The DeMattia Family, Joe, Greg and Robyn

## Summer Kids Art Classes To Begin

The Art League of Fort Myers will be holding kids art classes on Thursday mornings from 9:30 until noon. Cost is \$15 per class. Classes begin on June 23.

Upcoming classes will include:

June 23 – Fruits

June 30 – Galaxies

July 7 – Palms & Pelicans

July 14 – Cars & Clowns

The class instructor is Penny Fox.

Call the Art League at 275-3970 to sign up.

The exhibit for the July show and competition is titled *Suntans & Sandals*. Entry is open to the public and runs from July 1 through July 28. Visit [www.artleagueoffortmyers.org](http://www.artleagueoffortmyers.org) for prospectus requirements or more information.✱

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## Along The River

**B**roadway Palm Children's Theatre will offer a musical that has gone to the dogs.

**Disney's 101 Dalmatians** continues playing tonight, June 24, and on Saturday, June 25 as well as June 28 and July 1. Based on the Disney animated film, this fun-filled musical features Cruella De Vil and some of the most adorable heroes who come to life on stage.

All performances begin with a buffet at noon and show time is at 1 p.m. The chef's special buffet includes pizza, chicken fingers, French fries, pasta and other selections.

Ticket prices for the buffet and the show are \$19 for all ages. Group rates are available for parties of 20 or more.

Reserve your tickets by calling 278-4422, by visiting [www.BroadwayPalm.com](http://www.BroadwayPalm.com), or by stopping by the box office at 1380 Colonial Boulevard in Fort Myers.

**Crowne Plaza Fort Myers** at Bell Tower Shops is hosting a one-day festival that is all about reptiles, amphibians, invertebrates, spiders and small exotic animals.

**ReptiDay** by the Repticon team will feature presentations and a sale this Saturday, June 25 from 10 a.m. to 5 p.m. See live animals from around the world, purchase pets and pet products directly from experts and learn about reptiles and exotic animals at live seminars and demonstrations.

Cost is \$12 for adults, \$5 for children and free for children up to age 4. Early admission tickets may be purchased at the door from 9:30 to 10 a.m.

Crowne Plaza Fort is located at 13051 Bell Tower Drive in Fort Myers.

Visit [www.reptiday.com/ftmyers.html](http://www.reptiday.com/ftmyers.html) to learn more.

**Six Bends Harley-Davidson** will host a fundraiser entitled **Bourbon, Brews and BBQ** this Saturday, June 25 from 11 a.m. to 3 p.m. It will feature bourbon tastings, a mix of popular craft beers, local barbecue vendors and activities for children.

Bourbons and craft beers are provided by Leroy's Southern Kitchen and Bar and Suncoast Beverages. Guests looking to enjoy barbecued ribs, pulled pork, baked beans, collard greens and other barbecue-style foods can choose their favorite of five vendors



Reptiles are the stars of ReptiDay Saturday



Free yoga sessions are available at the GreenMarket at the Alliance for the Arts Saturday

to dine at, including Fort Myers-based Jonesee BBQ and Deep Down South BBQ and Seafood. Frozen lemonade, popcorn and other treats will be available.

There will be an adult rib-eating contest (\$10 entry fee) or a children's pie eating contest (\$5 entry fee). Contest winners will receive a Six Bends prize pack. All proceeds from the competitions will benefit Junior Achievement of Southwest Florida.

Bourbon, Brews and BBQ will also include live entertainment by country singer Sheena Brook, raffles prizes and a children's play area.

Six Bends is located off exit 131 at the Southeast corner of I-75 and Daniels Parkway at 9501 Thunder Road, Fort Myers.

**Mound House** on Fort Myers Beach is offering a program about **Calusa Indian art** this Saturday, June 25 from 10 to 11 a.m.

Check out the paintings and carvings from the Native American coastal tribe of the 16th and 17th centuries at the cultural and environmental learning center. Mound House is a unique archaeological and historical site on Fort Myers Beach located directly on Estero Bay. This is just one of a variety of programs for local residents, visitors and school groups. Experience this one of a kind museum that sits atop a 2,000 year old Calusa Indian Shell Mound. Cost is \$5 plus a \$10 museum fee.

Come early and join a new guided museum tour. Tours begin at 9 a.m. and continue until 3 p.m. Cost is \$5 plus the museum admission.

Continue your shopping for fresh fruits, vegetables and other items at the **GreenMarket at Alliance for the Arts**.

Every Saturday from 9 a.m. to 1 p.m., drop by the 10-acre campus to find an exclusive selection of locally grown, caught and cultivated foods and other products available to sample and purchase. Enjoy live entertainment by local musicians and fun activities for kids, gardening classes and live cooking by local chefs.

The GreenMarket hosts neighbors and small growers who bring seasonal, very limited crops to market. Do you have fruit from a few backyard trees, a good tomato crop from the kitchen garden, or some berries gathered in an outing? If so, GreenMarket organizers would like to help you bring it to the community. Barter is encouraged, trade your small crop for market items you may need.

Also on site are free weekly yoga sessions. Join the growing group each Saturday from 9:30 to 10:30 a.m. for the free exercise session. No reservation required. Join registered yoga teacher Anna Withrow beneath the shade trees during GreenMarket. The sessions are suitable for all levels and beginners are welcome. Supervised children are also encouraged to join in. Bring a yoga mat, sunscreen and water.

Alliance for the Arts is located 10091 McGregor Boulevard in Fort Myers. Visit <http://artinlee.org/> to learn more.

**JN "Ding" Darling National Wildlife Refuge** on Sanibel Island has begun hosting free summer programming.

**Wildlife Wonders** talks, weekly walks and nature crafts highlight the programming through August 6. It is made possible by support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS).

The schedule of weekly activities involves:

- Reading at the Refuge, every Wednesday at 10 a.m.: Attendees of each 45-minute reading-and-crafts session learn about a refuge animal and make a take-home craft related to it. Meet in the Visitor & Education Center Classroom.

- Indigo Trail Hike, every Thursday at 10 a.m.: Join refuge naturalists as they lead a one-hour tour to the Wildlife Education Boardwalk to identify and discuss the ecosystem's plants, mammals, birds, and reptiles – fun for adults and children alike. Bring water, sunscreen and bug spray. Meet at the flagpole in front of the Visitor & Education Center.

- Family Beach Walk, every Friday at 9 a.m.: The one-hour program convenes at Gulfside City Park to explore the refuge's gulf-front Perry Tract. City parking fees apply. Bring water, sunscreen and bug spray.

- Wildlife Wonders, every other Saturday at 11 a.m.: Refuge education staff lead this indoor program about the mysteries of manatees, alligators, crocodiles and birds in the Visitor & Education Center auditorium.

For more information, call 472-1100 ext.236 or visit [dingdarlingsociety.org/summer-programming](http://dingdarlingsociety.org/summer-programming). No pre-registration is necessary.✧

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# FORT MYERS FARE

## Dining From Downtown's Historic River District To The Beaches

For more information, check out our advertisers in this week's *The River Weekly News*

### DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well-known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

### ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 11 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.

### IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual



Il Cielo offers casual and fine dining at 1244 Periwinkle Way atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone.

Il Cielo is located at 1244 Periwinkle Way on Sanibel and open Tuesday through Saturday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. Enjoy live piano music by Scott McDonald on Thursday, Friday and Saturday nights, beginning at 7 p.m.

Call 472-5555 for reservations.

### IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m. 751 Tarpon Bay Road, Sanibel. Call 395-4022.

### ISLAND COW

Where can you go when you're in the "moood" for some great cookin', local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with French doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches.

2163 Periwinkle Way, Sanibel. Call 472-0606.

### JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire Blues Band and Cruzan Vibes' reggae on the weekends.

The patio lounge menu includes a selection of "happy apps" starting at \$5.95 and half price drinks during happy hour, 5 to 7 p.m.

Dinner reservations are suggested. 1223 Periwinkle Way, Sanibel. Call 472-1771.✱

## Eco-Cruise To Picnic Island

Pure Florida's Fort Myers location will present an Eco-Cruise tour to Picnic Island on Saturday, July 9 from 8 to 11 a.m. The three-hour eco-adventure includes a narrated cruise along the Caloosahatchee and a guided tour of Picnic Island, a natural, uninhabited island located between Sanibel and Pine Island.

During the excursion, guests will have the opportunity to bask in the sunshine and experience the natural beauty of Southwest Florida. While discovering the island, explorers can enjoy leisurely walking amidst black and white mangroves, playing in sand, shelling and fishing. Visitors will also have the opportunity to observe wildlife

native to the Caloosahatchee and Picnic Island. While Pure Florida cannot guarantee animal sightings in the wild, potential wildlife sightings include dolphins, eagles, manatee, native birds and more.

Eco-Cruise tours are guided by Coast Guard-certified captains and master naturalists and highlight the history of the Caloosahatchee and the accomplishments of Thomas Edison and Henry Ford during their time spent at the nearby Edison & Ford Winter Estates in Fort Myers.

Registration for the tour is \$44 per person, and the M/V Edison Explorer departs from The Marina at Edison Ford, located at 2360 W. First Street in Fort Myers.

For more information or to book your ticket, call 919-2965, email [FortMyers@PureFL.com](mailto:FortMyers@PureFL.com) or visit [www.PureFL.com](http://www.PureFL.com).✱

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# Churches/Temples

**ALL FAITHS UNITARIAN CONGREGATION (UUA)**  
2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. [www.allfaiths-uc.org](http://www.allfaiths-uc.org)

**ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH**  
10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

**ANNUNCIATION GREEK ORTHODOX CHURCH**  
8210 Cypress Lake Drive, Fort Myers Reverend Fr. Dean Nastos, Proistamenos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., [www.annunciation.fl.goarch.org](http://www.annunciation.fl.goarch.org), 481-2099

**BETH SHILOH MESSIANIC SYNAGOGUE**  
15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

**BREAD OF LIFE MINISTRIES CHURCH OF GOD**  
16581 McGregor Boulevard, 267-3166 Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m.

**CHABAD LUBAVITCH OF SW FLORIDA ORTHODOX**  
5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, [rabbi@chabadswf.org](mailto:rabbi@chabadswf.org). [www.chabadswf.org](http://www.chabadswf.org). Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

**CHAPEL OF CYPRESS COVE**  
10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverend Ted Althouse, Pastor [revtedalthouse@aol.com](mailto:revtedalthouse@aol.com)

**CHURCH OF THE CROSS**  
13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

**CONGREGATIONAL CHURCH**  
1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 9 and 10:30 a.m. Website: [www.taecc.com](http://www.taecc.com)

**COVENANT PRESBYTERIAN CHURCH**  
2439 McGregor Boulevard, 334-8937 Reverend Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

**CYPRESS LAKE BAPTIST CHURCH**  
8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

**CYPRESS LAKE PRESBYTERIAN CHURCH**  
8260 Cypress Lake Drive, Fort Myers, 481-3233. [www.clpc.us](http://www.clpc.us). Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m.

**CYPRESS LAKE UNITED METHODIST CHURCH**  
8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

**FAITH FELLOWSHIP WORLD OUTREACH MINISTRIES**  
6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m. Nursery care for pre-school children and Children's Church ages 5 to 12 available.

**FAITH UNITED METHODIST CHURCH**  
15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

**FIRST CHURCH OF CHRIST, SCIENTIST**  
2390 West First Street, next door to Edison Estates. 10:30 a.m. Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 4 p.m., Wednesday 1 to 4 p.m. [christiansciencefortmyers.net](http://christiansciencefortmyers.net), [christianscience.com](http://christianscience.com)

**FIRST CHURCH OF THE NAZARENE**  
13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

**FIRST UNITED METHODIST CHURCH**  
Downtown Fort Myers River District, 2466 First Street, 332-1152. [www.fumcftmyers.org](http://www.fumcftmyers.org). Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group.

**FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION**  
5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15 a.m.

**FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST:**  
8210 College Parkway, Fort Myers. 482-3133. Philip White, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m., Adult Forum: 11:30 a.m.

**IONA-HOPE EPISCOPAL CONGREGATION**  
9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

**JESUS THE WORKER CATHOLIC CHURCH**  
881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

**KINGDOM LIFE CHURCH**  
2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

**LAMB OF GOD CHURCH**  
A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. [www.lambofgodchurch.net](http://www.lambofgodchurch.net). Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

**NEW BEGINNINGS CENTER**

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m.

Kingdom Teaching 7 p.m. Fellowship and refreshments. [nbcministry@embarkmail.com](mailto:nbcministry@embarkmail.com), [www.facebook.com/nbcministry](http://www.facebook.com/nbcministry). Alex and Patricia Wiggins, Ministers

**NEW COVENANT EYES CHURCH**  
See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. [www.newcovenanteyes.com](http://www.newcovenanteyes.com). LIFT Kidz program, free coffee and donuts.

**NEW HOPE BAPTIST CHURCH OF FORT MYERS**  
16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m. Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

**NEW HOPE PRESBYTERIAN CHURCH**  
3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. [www.newhopefortmyers.org](http://www.newhopefortmyers.org).

**PEACE COMMUNITY CHURCH**  
Fort Myers Beach Masonic Lodge. 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. [www.peacecommunitychurch.com](http://www.peacecommunitychurch.com).

**PEACE LUTHERAN CHURCH**  
Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, [www.peaceftmyers.com](http://www.peaceftmyers.com), [peace@peaceftmyers.com](mailto:peace@peaceftmyers.com).

**REDEEMER LUTHERAN CHURCH**  
3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care.

**RIVER OF LIFE ASSEMBLY OF GOD**  
21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m. Services; 11:30 a.m. Legacy Service, multi-generational.

**SAMUDRABADRA BUDDHIST CENTER**  
Meditation classes. Guided meditations, methods to relax body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. [www.MeditationInFortMyers.org](http://www.MeditationInFortMyers.org).

**SAINT COLUMBKILLE CATHOLIC CHURCH**  
12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973 Father Joseph Clifford. Monday through Saturday 8 a.m. Saturday 3 and 5 p.m.; Sunday 7, 9, 11 a.m. and 5:30 p.m. Reconciliation Saturdays 12 noon and by appointment.

**ST. FRANCIS XAVIER CATHOLIC CHURCH**  
2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m.

**SAINT JOHN THE APOSTLE METROPOLITAN COMMUNITY CHURCH**  
3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation Sunday Services 10 a.m.

**SAINT MICHAEL LUTHERAN CHURCH & SCHOOL (LCMS)**  
3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

**SAINT PETER LUTHERAN CHURCH**  
3751 Estero Boulevard, Fort Myers Beach, 463-4251, [www.stpeterfmb.com](http://www.stpeterfmb.com).

Sunday worship service at 9:30 a.m.

**SAINT NICHOLAS MONASTERY**  
Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. [www.saintnicholasmonastery.org](http://www.saintnicholasmonastery.org).

**ST. VINCENT DE PAUL CATHOLIC COMMUNITY**  
13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

**SOUTHWEST BAPTIST CHURCH**  
16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednesday Service 6 p.m.

**TEMPLE BETHEL SYNAGOGUE**  
16225 Winkler Road Fort Myers. 433-0018, [www.templebethel.com](http://www.templebethel.com). [rabbi.barras@templebethel.com](mailto:rabbi.barras@templebethel.com). Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

**TEMPLE JUDEA (CONSERVATIVE)**  
14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. [www.tjswfl.org](http://www.tjswfl.org).

**THE NEW CHURCH**  
The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. <http://www.newchurchflorida.com>. 481-5535.

**UNITARIAN UNIVERSALIST CHURCH FORT MYERS**  
13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. [www.uucfm.org](http://www.uucfm.org).

**UNITY OF BONITA SPRINGS**  
28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

**UNITY OF FORT MYERS**  
11120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, [www.unityoffortmyers.org](http://www.unityoffortmyers.org). Our God is Love, Our Race is Human, Our Religion is Oneness

**WESTMINSTER PRESBYTERIAN CHURCH**  
9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Senior Pastor Robert Brunson. Sunday 9:30 a.m. Sunday School for all ages. 11 a.m. Blended Worship. [www.westminsterfortmyers.org](http://www.westminsterfortmyers.org)

**WORD OF LIFE CHURCH**  
2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

**ZION LUTHERAN CHURCH**  
7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Eductional Hour. [www.zionfm.org](http://www.zionfm.org)✽



## Auction Items And Artwork Needed For Gala

**A**buse Counseling and Treatment, Inc. (ACT) needs donations of art and hand-made jewelry or one-of-a-kind art furniture from professional and emerging artists for its fine art auction fundraiser, which will be held at Harborside Event Center on October 29.

Auction items, such as weekend getaways, day spa trips, music, fine wines and fine dining certificates, movie, sports and music memorabilia are being sought. The gala benefits ACT clients, the survivors of domestic violence, human trafficking and sexual assault and their children.

ACT serves Lee, Hendry and Glades counties. The non-profit agency provides safe shelter, counseling, a 24-hour hotline, information and referral, forensic examination, advocacy and education.

Artwork may be two- or three-dimensional and of any media. Only original works will be accepted into the live auction. Art must be delivered on or before August 22 to the ACT administrative offices. Silent auction artwork and other items are also being accepted. Artists and donors will receive one or two free tickets to the art auction for their donation.

Artists and donors participation is needed to make this auction a success and raise the necessary funds to help victims of domestic violence, human trafficking and sexual assault.

Contact Claudia at 939-2553 or [cgoode@actabuse.com](mailto:cgoode@actabuse.com) with any questions about participating in the fundraiser. Forms may be downloaded from <http://artsforactfineartauction.com>.\*



## Phonograph Expert To Present At The Estates

**P**honograph expert John Paul Kurdyla will present programs on the phonograph this July and August at Edison & Ford Winter Estates. A resident of Padua, Italy, Kurdyla's expertise and engaging demonstrations have been a favorite of Edison Ford visitors for several years. These programs will be presented three times per day on Tuesdays and Fridays, from July 8 through July 22 and from August 5 through September 2.

Kurdyla has one of the largest private collections of phonographs, gramophones and Edison memorabilia and is considered an expert in the field of Edison recorded sound.

In addition to his phonograph expertise, Kurdyla authored the book *When Music Was Magic*, available only through Edison Ford. He has presented his knowledge on 10 Italian National Television (RAI) shows. He also has a new exhibit *Thomas Alva Edison: The Man Who Invented The Future - His Life, His Family and His Inventions*, which will be touring Europe starting in 2017.

Presentations will be held in the Music & Movies Gallery of the museum. For times and to reserve space, contact Leeanne Criswell at [LCriswell@EdisonFordWinterEstates.org](mailto:LCriswell@EdisonFordWinterEstates.org) or call 334-7419.\*



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# Crazy Snook Bite



by Capt. Matt Mitchell

Catch and release snook fishing was about as good as it gets this week. Prevailing west winds for a few days dirtied up the water on the beach and in the passes, which proved to be the perfect set-up for the snook bite to go off. All our local passes and any structure out along the

beaches are holding huge numbers of snook.

Each of the passes requires a little different approach to be successful and this can only be learned by putting in your time on the water. Often one side of the pass is better than the other, depending on the direction of the tide. Live bait is often the key to catching these pass snook as they get dialed in one type of baitfish. Edges, drop offs, tide rips and eddies are good places to start and, once you work out the pattern, it's just a matter of repeating it to keep the rods bent.

During periods of light wind, locating tarpon out on the beaches has still been relatively easy with big pods of fish found from Knapp's Point north to Gasparilla. On the other hand, getting these fish to eat bait has been a little tougher. Some days you could throw at them over and



Hunter Jolly of Sebring, Florida with a 34-inch snook caught while pass fishing with Capt. Matt Mitchell this week

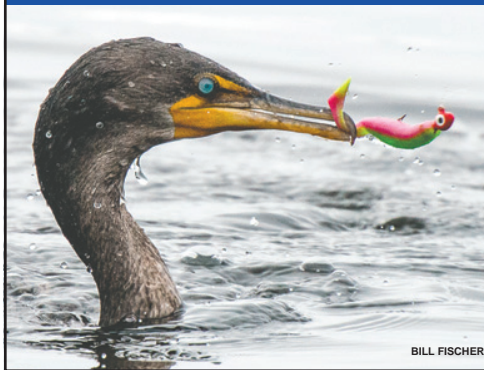
## Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Email [press@riverweekly.com](mailto:press@riverweekly.com); or call 395-1213.

over and not get a strike. It is so frustrating but all part of the game. Soaking cut baits in the sound was often more productive even though you did not see close to the number of fish that are out on the beaches.

With the warm water temperatures of summer here, we are now at that time of year when all the good-sized shiners that are usually targeted have just about disappeared. Most of the bait caught in a cast net now are pinfish and small shiners that get gilled up. Switching it up to a 1/4-inch mesh cast net and loading up your livewell with these small shiners is a good option. While riding around the bay on calm days, you will often see dark clouds of this little bait. With a few throws, you're all set.

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Down-sizing your gear and fishing with these little baitfish is a blast. Mangrove creeks and shorelines light up when chummed up. Small spinning outfits rigged with light leader and small hooks make catching mangrove snapper, small snook and jacks a blast. On days when the tide is just not right for the pass bite to go off or you're just looking for some fast-paced action, a livewell full of these little shiners will get it done.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).✱



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## Art In Flight At Alliance Gallery

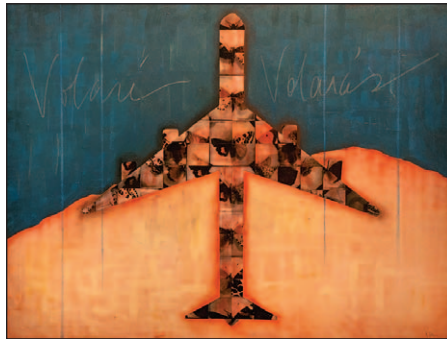


Carolyn Gora and Ava Roeder's *Art in Flight in Black and White*

Thanks to a decade-long partnership between the Alliance for the Arts and the Southwest Florida International Airport, millions of travelers get to see works by area artists each year as they arrive and depart. The current exhibit, Art In Flight: 10 Year Anniversary, which has been up since last summer, features works by 35 artists. It will be displayed next at the Alliance



Cheryl A. Fausel's *The Alpha Zulu*



Xavier Brignoni-Volare's *Volare's*

for the July exhibit, with an opening reception on Friday, July 8 from 5 to 7 p.m.

It will be replaced on Friday, July 29 with a new exhibit called My Sky that features paintings created by Lee County art students. The Alliance invited art teachers to work with their students to create artworks following the theme My Sky. The exhibit encourages young artists to look up



Lia Galletti-Cantoya's *Balloon*

and be inspired by the wonders of the universe, and to investigate the sun, moon and stars. They were asked to explore close-up images of the sun; gaze through a telescope to study the stars and planets; invent new constellations; or even introduce us to the scientists, artists and others who are inspired by the sky.



Michelle Rothacker's *Above and Beyond*

The My Sky exhibit will be on display until June of next year.

Details about the Art In Flight program are available at [ArtInLee.org/exhibits/public-art/](http://ArtInLee.org/exhibits/public-art/) or [www.flylcpa.com/artinflight](http://www.flylcpa.com/artinflight). Both exhibits remain on display through July 30.

The Alliance for the Arts is located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers.\*

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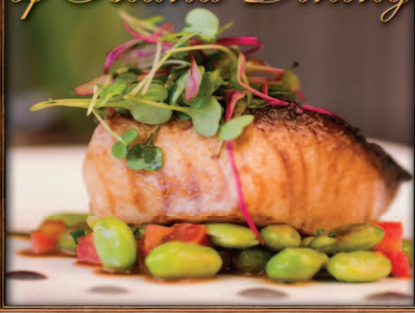
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Plant Smart

# Florida Swamp Privet

by Gerri Reaves

Florida swamp privet (*Forestiera segregata*) is a native evergreen shrub or shrubby tree of the olive family. In the wild, it's found in coastal hammocks, thickets and scrub.

Birds such as warblers, bluebirds, mockingbirds and vireos will appreciate the dense fine-textured foliage and plentiful fruit it provides, and the inconspicuous fragrant flowers will attract butterflies and other insects.

It is salt-, drought-tolerant, as well as pest- and wind-resistant – an all-around excellent choice for the yard.

Its ecological value is indicated by its inclusion on Lee County's Protected Tree List.

Multi-stemmed with smooth pale-gray bark, it has a medium to fast growth rate, usually reaching about 10 feet tall, but as high as 20. The spread reaches as much as 10 feet, making it useful as a background or screen plant.

When used as a hedge and repeatedly leveled off, it can become leggy, unattractive and less productive.

Opposite oblong or elliptical leaves are two to four inches long and glossy.

Inconspicuous greenish yellow flowers can appear throughout the year but peak in winter or spring. Male and female flowers bloom on different plants along the branches.

The female plant bears small purple-black olive-shaped fruit that give this species other names, including wild olive and ink-bush.

This adaptable long-lived shrub will tolerate a variety of light and moisture levels. For best results, give it full sun in a well-drained spot. It will grow in nutrient-poor soil but needs some organic content to survive.

Propagate it with seeds or cuttings. It also send up suckers.

Sources: *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio; *National Audubon Society Field Guide to Florida* by Peter Alden et al.; *Florida Plants for Wildlife* by Craig N. Huegel; *Native Florida Plants* by Robert G. Haehle and Joan Brookwell; *The Shrubs and Woody Vines of Florida* by Gil Nelson; *Waterwise* by SFWMD; *Your Florida Guide to Shrubs* by Edward F. Gilman et al.; [edis.ifas.ufl.edu](http://edis.ifas.ufl.edu); [fnps.org](http://fnps.org); and [regionalconservation.org](http://regionalconservation.org).

Plant Smart explores the diverse flora of South Florida.✱



Florida swamp privet makes a good screen or buffer  
photos by Gerri Reaves



Fragrant small flowers attract butterflies and other pollinators



Birds love the olive-shaped fruit on this native plant

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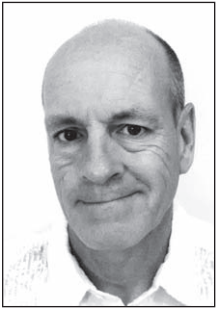
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## CROW Case Of The Week:

## Brown Pelican Hatchling



by Bob Petcher

The brown pelican (*Pelecanus occidentalis*) is one of the smallest pelicans found in North America and is mostly found in the coastal areas of the southern and western United

States. Like all pelicans, the brown species is defined by its unique features – a long beak, curved neck and sizable throat pouch. Its average life span is 10 to 25 years, but could live longer with the right conditions.

The brown pelican is fairly common today after a recovery period years after it faced the brink of extinction due to pesticide pollution. Fossil records state that its origin dates back to at least 30 million years, as evidenced by the remains of a beak that is quite similar to that of the modern species recovered from an ancient time strata in France.

These days, the large water bird usually can be found in a flock due to its social nature or alone hanging out near a commercial or recreational fishing boat and hoping for fish or scraps to be thrown at it. Pelicans also breed in groups

called colonies, visible on islands around Southwest Florida waters. They are related to cormorants, frigatebirds and the shoebill as well as ibises, spoonbills and herons.

The pelican's throat pouch is quite amazing in that it is used to not only scoop up fish or other prey from under water but aids in draining excess water from its catch before swallowing. But, interestingly, the brown pelican is one of the only two pelican species which feeds by diving into the water. At the end of its high descent, it uses the force of impact to stun small fish before scooping them up.

For juvenile pelicans, the feeding process is less intense. The young are more inclined to stick their bills into their parents' throats to retrieve food.

While many pelicans are either white or brown, the plumage of immature pelicans is darker than that of adults. Newly hatched chicks are actually naked and pink, darkening to grey or black after four to 14 days, then developing a covering of white or grey feathers. The juvenile brown pelican is brown overall with a white belly.

Recently, a brown pelican hatchling was brought to CROW from Sanibel after it was found lying on the ground. CROW officials stated it arrived "lethargic and bleeding from an eye." The little fellow was placed in an incubator and was said to "sleep a majority of the time" while "intermittently vocalizing."

Overall, during its stay, patient #16-2044 remained "quiet, alert and respon-



CROW patient #16-2044 during its short stay at the hospital

sive." It received fluids and nutritional support until it was transferred to the Conservancy of Southwest Florida in Naples on June 18. CROW officials were concerned about the chick's young age and imprinting.

"As a baby pelican, it needs to be raised with other baby pelicans, and there were none available at CROW. The Conservancy had some available so the decision was made to transfer the chick," said hospital director Dr. Heather Barron.

Further explanation stated the impor-

tance of the baby pelican be raised by "conspecifics" (members of the same species) so it would grow up wild and eventually be returned to the wild.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).\*



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## United Way Names Chairs To Celebrate 60th Campaign



2016-17 United Way Campaign chairs, from left, Rob Wilson, Gay Thompson, Larry Hart, Linda and Tom Uhler and Lou Pontius

The United Way of Lee, Hendry, Glades and Okeechobee is celebrating its 60th campaign in 2016. In recognition of the anniversary, six past United Way campaign chairs are leading the 2016-17 United Way campaign. The campaign goal has been set at \$9,656,833.

The 2015-16 United Way Campaign raised \$9,385,330, and in its 59 years the United Way has raised more than \$147 million for the community.

The six United Way Campaign chairs are: Linda Uhler, 1993 chair; Gay Thompson, 1995 chair; Lou Pontius, 1998 chair; Larry Hart, 2006 chair; Tom Uhler, 2011 chair; Robert Wilson, 2012 chair.

The Uhlers have both served as the United Way board chair and campaign chair. Linda also chairs the Sanibel Public Library Commission and is active in both the Junior League of Fort Myers and Zonta Club of Sanibel-Captiva. Tom is the current United Way allocations chair, and is president of the board of the Southwest Florida Symphony. He is a founding principal of Uhler and Vertich

Financial Planners.

Thompson is president and CEO of Cement Industries, Inc. of Fort Myers, a company established in 1953. She has served as the board chair and campaign chair of the United Way. In addition, she has served as a member and chair of the Federal Reserve Bank of Atlanta's Miami branch.

Pontius has served as both United Way Campaign chair and United Way board chair. She is active in the community and has chaired or served as a board member of a number of local non-profit organizations including Susan G. Komen Southwest Florida, Chi Omega Fraternity at FGCU, the Alvin A. Dubin Alzheimer's Resource Center, the American Heart Association and the Junior League.

Hart is the current Lee County tax collector and has been both a United Way campaign chair and United Way board chair. He has had a long career in public service, including service as chief of police for the Fort Myers Police Department. He has served as a board member of a number of local organizations including SalusCare, Children's Advocacy Center and Rotary.

Wilson has served as a campaign chair, the United Way board chair for the past two years, and is vice president and general manager of Enterprise Holdings. He has been employed at Enterprise for 26 years.

"Being asked to chair the United Way Campaign again is both an honor and a challenge. It is a big responsibility to raise over \$9.6 million for our community, but Linda and I will pursue the goal with passion and enthusiasm. United Way does so much to strengthen our community, it's an important commitment," said Tom Uhler.

For more information, call United Way of Lee, Hendry, Glades and Okeechobee at 433-2000 or visit [www.UnitedWayLee.org](http://www.UnitedWayLee.org).

From page 1

### ArtWalk

T-shirts

- Marc Harris Wildlife Photography – located on Jackson Street

- Miville Art Gallery – Art and photography in the Franklin Shops

- Ollie Mack Gentry Photography – Photography at 2180 West First Street

- Reverie & Rock Art Gallery – Concert photography and surrealistic digital art

- Sidney & Berne Davis Art Center – Main Gallery Exhibit and Capitol Exhibit on the third floor

- The Barrel Room – Jazz art on Bay Street

- Timeless Gallery – Gallery and gift shop featuring steampunk art

- Two Newts Gallery – Co-op gallery located off West First Street at 2064 Bayside Parkway

- Unit A – Urban Contemporary Gallery of international artist Marcus Jansen located in Gardener's Park

Free street parking is available as well as for \$5 at any of the parking garages. In season, ride the free River District Trolley.

Fort Myers Art Walk is pet- and family-friendly. For more information, visit [www.fortmyersriverdistrictalliance.com](http://www.fortmyersriverdistrictalliance.com). To become a volunteer, partner or sponsor, contact Claudia Goode at [cgoode@actabuse.com](mailto:cgoode@actabuse.com).

From page 1

### Free Admission For Veterans

Records of an invoice from 1893 on the Thomas Edison National Historic Park website lists the purchases made for the Fourth. It included "2 dozen packages Electric Torp., 1 Dragon's Nest, 1 Devil Among the Tailor, 1 Surprise Box, 1 Floral Fountain, 1 dozen Rockets, 1 dozen B.R. Candles, 1 lb. Colored Fire, 1 Firework Balloon 20 ft."

As part of the holiday celebration, the family had ice cream and watermelon, just as many American families do today.

The Fourth of July meant so much to Edison that he even used red, white and blue bulbs when he made the first strand of Christmas lights to represent the colors of the holiday.

On Independence Day, Edison & Ford Winter Estates is open the regular hours of 9 a.m. to 5:30 p.m. For more information, call 334-7419 or visit [www.edisonfordwinterstates.org](http://www.edisonfordwinterstates.org).

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## South Cape 4th Of July Celebration



Attendees from last year's Red White & Brew celebration in South Cape

South Cape Hospitality and Entertainment Associations (SCHEA) are gearing up for the Fourth of July weekend with the annual Red, White & Brew Trolley Event on Saturday, July 2. From 7 to 11 p.m., attendees will ride exclusive trolleys, which will take them to 13 South Cape locations. At each stop, they'll enjoy an American beer and appetizer sample.

One of the several trolley events hosted by SCHEA, this gathering is limited to 1,000 attendees. Participating locations feature live music, karaoke, pool, darts and more. Though the event itself ends at 11 p.m., many attendees stay at a location, or venture to others along the route, the duration of the evening.

Tickets cost \$15 in advance, and can be purchased at any participating location or online at SCHEA's Eventbrite page. Designated driver tickets are available in advance at BackStreets Sports Bar. On the day of the event, tickets – if still available – can be purchased at the check-in booths at Big John Plaza or Club Square for \$20. Advance purchase is strongly encouraged, as many of SCHEA's events do sell out.

Attendees can also win cool prizes while answering fun trivia questions on the trolleys. Prizes include trinkets and schwag from area businesses, as well as gift cards to participating locations.

### Participating Locations & What They're Serving

- BackStreets Sports Bar (Yuengling and boneless chicken bites)
- Cape Coral Brewing Co. (Yacht Club Cream Ale and pretzels)
- Coconuts Neighborhood Bar (Coors Light and pot stickers)
- Cruiser's Lounge (Budweiser and hot dogs)
- Dixie Roadhouse (Dixie Beer and franks and beans)
- Masterpiece Mixers (Michelob Ultra and boiled peanuts)
- Monkey Bar & Steakhouse (Miller Lite and deli spiral)
- Paradise Pizza & Parlor (AmberBock and pizza)
- Rack'em Billiards (Pabst Blue Ribbon and Smokey Jones BBQ)
- Ralph's Place (Shock Top and

From page 1

## Special Reception

was classically trained at New York University and the Fashion Institute of Technology. His past exhibitions were held at One Police Plaza and Spring Street Gallery in New York. Bravo also mentors local artists and students, reinvesting years of knowledge into the next generation of creatives

The Sidney & Berne Davis Art Center is located at 2301 First Street in the downtown Fort Myers River District.✱



Servers pouring refreshments at the 2015 event

sausage and peppers)

- Tiki Hut @ Dolphin Key Resort (Bud Light and burger sliders)
  - Tubby's City Hangout (Busch and assorted snacks)
  - Two Amigos Bar & Grill (Michelob Light and mango habanero chicken wing)
- Check-in booths are open from 6 to 7:30 p.m. Booths are located at Club Square (near center square) and Big John Plaza (near Pinch-a-Penny). For more information, send an email to southcapehea@gmail.com.✱



Trolley participants from the 2015 Fourth of July celebration



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# Dear Old Dad Enjoyed An Epic Day Of Sports On Father’s Day



by Ed Frank

It was a Father’s Day for the ages. That is if you’re a sports fan and relished the day- long (and evening) excitement of the U.S. Open Golf Championship and the seventh and final game of the National Basketball Association Championship. Many a cookout and family gatherings probably were ignored by dad as he sat glued to his television set in a day of sports seldom, if ever, duplicated. By the time you read this article, days will have passed since Sunday’s epic sportsathon. So it’s time to make amends to “dear old dad.”

We wrote last week that the venue for the U.S. Open was being played on the most difficult course in America if not the world, Oakmont Country Club, just outside of Pittsburgh. And true to its reputation, only four players broke par on this behemoth layout. One of the pre-tourney favorites, Dustin Johnson, did overcome his past major tournament woes to win his first major with a four-under par 276. But the three other favorites – defending champion Jordan Spieth, Rory McIlroy and Jason Day – all fell victim to Oakmont. In actuality, Johnson’s winning score should have been five-under par as he was assessed a ridiculous one-stroke penalty for the slight movement of his ball on the fifth green, in which he had nothing to do with. If that one-stroke penalty had altered Johnson’s victory, a tsunami would have swept over the United States Golf Association, sponsors of the U.S. Open. This kind of stuffed-shirt ruling is what hurts golf, a sport that has been in decline in recent years. Just read what some of Johnson’s colleagues said of the penalty: Spieth – “Lemme get this straight. DJ (Johnson) doesn’t address it (the ball). It’s ruled that he didn’t cause it to move. Now you tell him he may have. This is a joke.” McIlroy – “If it were me, I wouldn’t hit another shot until this farce was rectified.” And the legendary Jack Nicklaus, winner of a record 18 majors and the honorary chairman of the U.S. Open – “Those greens are so fast the ball could have moved on its own. That should be the end of it. This is a game of honor.” Despite the furor, the 116th U.S. Open is history. And the farcical ruling of the USGA shouldn’t diminish the luster of Dustin Johnson’s first victory in a major. Just as the sun began to set Sunday at Oakmont, television sets by the millions switched networks to Game Seven of the NBA Finals, in which the Cleveland Cavaliers made history by becoming the first team to come back from a 3-1 deficit to win the title. That 93-89 victory over the Golden State Warriors – the team that set a regular season record of 73-9 – ended the City of Cleveland’s 52-year championship drought.

Like him or not, you had to feel the emotion of MVP LaBron James, who fell to the floor in wracking sobs when the game ended. It was James – who returned to the Cavaliers after earning two NBA championships in Miami – who had the goal of bringing a title to victory-starved Cleveland. He fell short of that promise a year ago when the Cavaliers fell to Golden State. But not this year. There hasn’t been a victory celebration in Cleveland since 1964, when the Browns won the NFL title in the pre-merger days. And the Cavaliers hadn’t won in its 45 years of existence. Yes, it was a great day of sports last Sunday – a great, great Father’s Day. **Miracle Eliminated In First-Half Title Chase** The Fort Myers Miracle baseball team began the week with a 31-35 season record, having been eliminated in the season’s first-half title chase. With only four games remaining in the first half, the Miracle was 5-1/2 games behind first-place Bradenton. Fort Myers is home this Sunday for a 4:05 p.m. game against Bradenton and returns to Hammond Stadium next Friday for a three-game series with Jupiter.✱

## SPORTS QUIZ

1. How many N.L. Rookie of the Year award winners did the Los Angeles Dodgers have while Tommy Lasorda was the manager (1976-96)?
2. Name the last New York Yankees pitcher to lead the American League in ERA for a season.
3. When was the last time the University of Michigan football team won the Big Ten conference title?
4. In 2015, Oklahoma City’s Russell Westbrook set an All-Star Game record for most points in a half (27). Who had held the mark?
5. Detroit’s Gordie Howe was the first player to win the Art Ross Trophy (leading the NHL in scoring) more than once. Who was the second to do it?
6. Name the first Canadian bowler to win a Professional Bowlers Association event.
7. The University of Georgia has won the NCAA Women’s Swimming and Diving Championships three times in the past four years. Who was the other winner?

## ANSWERS

1. Nine -- Rick Sutcliffe, Steve Howe, Fernando Valenzuela, Steve Sax, Eric Karros, Mike Piazza, Raul Mondesi, Hideo Nomo and Todd Hollandsworth. 2. Rudy May, with a 2.46 ERA in 1980. 3. It was 2004. 4. Glenn Rice (1997) and Kyrie Irving (2014) each had 24 points. 5. Montreal’s Dickie Moore, in the 1957-58 and 1958-59 seasons. 6. Graham Fach, in 2016. 7. California, in 2015.

### Lake Kennedy Senior Center

## Red, White And BBQ Picnic July 1

Come to the Lake Kennedy Center on Friday, July 1 for a Red, White and BBQ Indoor Picnic to help get your Independence Day celebration started. Participants will have a Rib City barbeque meal while listening to the soulful sounds of Felix Jiles, an exceptional vocalist who has the versatility, power and range to sing a wide variety of music from the 1950s to today. Entertainment and the Rib City barbeque meal tickets are \$15 per person. Guests have a choice of a half rack of ribs or chicken leg quarter meal, with coleslaw, baked beans, roll, beverage and dessert. BYOB. Pre-registration is required. Doors open at 1:30 p.m. and the show begins at 2 p.m. Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.✱

### Lake Kennedy Senior Center

## A Rockin’ Ice Cream Social

Visit the Lake Kennedy Center on Friday, July 8 for free ice cream and one of Southwest Florida’s best entertainers, Vicki and Rich – The Timeless Tunes, in celebration of National Parks and Recreation Month. Timeless Tunes is a local duo who performs a variety of oldies, rock ‘n’ roll, country favorites and more. So put on your dancing shoes and bring your family and friends. Free ice cream and all trimmings are courtesy of community partner Griswold Home Care. Doors open for this free performance at 1:30 p.m. Showtime begins at 2 p.m. Pre-registration is required. Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.✱

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# Love That Dress Collection Party Held At SS Hookers



Welcoming guests at the Love That Dress Collection Party, held at SS Hookers Restaurant on June 15, are PACE Center For Girls volunteers, from left, Debra Govaker, Carol Wonderly, Jennifer Pfenninger, Christen Trash and Shelley Starnier



Love That Dress Collection Party committee members, from left, Darlene Grossman, Cookie Douglas, Heather Decker, Sandy Stilwell and Colleen Quenzel



Annette Hendrick and Ann Runyon looking at the silent auction items



From left, Beth Rizzo, Deborah Fisher, Crystal Cruz, Fran Peters and Kelly Lowden



Event coordinators Allyson Ross, Nancy Finch and Sandy Stilwell reviewing the evening's agenda



Meredith Dyer, Deanna Hansen and Heather Decker



Carol Wonderly, Riley Escalle and Debra Govaker



Kevin Vertesch and Marya Teets



Dress donors Marcella Perri and Elena Phillips



Auctioneer Mike Joyce and emcee Gina Birch



## Financial Focus

# Gen Xers Must Juggle Both Money And Time

by Jennifer Basey



If you're an older member of Generation X – that is, if you were born in the early- to mid-1960s – you may have a lot of “balls in the air.” You are saving for your own retirement – which

might not be that far away – while at the same time possibly wanting to help pay for your children's college education. And you may also be assisting your aging parents in some ways. How can you manage this juggling act?

To begin with, you need to emphasize your retirement. Now that you are likely in, or near, your peak earning years, you should contribute as much as you can afford to your 401(k) or other employer-sponsored retirement plan. Your plan likely offers you a range of investment options, so you can create a portfolio that's appropriate for your

needs. The money in your 401(k) or similar plan can grow on a tax-deferred basis, and your contributions are typically made with pretax dollars. So, the more you put in, the lower your annual taxable income. You won't have to pay taxes until you take withdrawals, but if you do withdraw money before you reach 59½, the withdrawals may be subject to a 10 percent IRS penalty.

Even if you're contributing to a 401(k) or similar plan, you're probably still eligible to contribute to an IRA. Like a 401(k), a traditional IRA offers tax-deferred growth potential, while a Roth IRA can provide tax-free earnings distributions if you've had your account at least five years and don't take withdrawals until you're at least 59½.

If you devote most of your investable income to your retirement plans, you may not have much left to help pay for your children's college education. But that may not be a disaster – after all, they could get scholarships and financial aid. And even if they need to take out student loans, they have a lot more years to pay them back than you have until your retirement. If you can afford to help your children, choose a smart college-savings vehicle, such as a 529 plan, which offers tax-free earnings distributions as long as the money is used exclusively for qualified higher education expenses. (If it's used for other purposes, you'll be taxed on it and also could face a penalty.)

How about your elderly parents? How can you best help them? Hopefully, they will not require any outright financial assistance from you, but that doesn't mean you can't assist them in other ways. If you haven't already done so, try to find out as much as you can about their estate plans and any arrangements they've made should they become incapacitated. Ideally, you'll want to get answers to questions such as these:

- Have they named a durable power of attorney?
- Have they chosen an executor for their estate?
- Have they thought about how they would pay for any long-term care services they might need, such as a nursing home stay?

It may not be that easy to have these conversations, but they are important, especially if you are going to play an active role in your parents' plans.

Clearly, as a Gen Xer concerned about retirement, college-age children and aging parents, you'll have a balancing act involving both money and time. But with planning, patience and realistic expectations, you can help yourself and the ones you love.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at [jennifer.basey@edwardjones.com](mailto:jennifer.basey@edwardjones.com).*

## Scanlon Auto Sponsors Poker Fundraiser

Scanlon Auto Group is the presenting sponsor for the 5th annual No-Limit Texas Hold 'Em Tournament benefiting the Boys & Girls Clubs of Lee County.

The event will take place from 5 to 10 p.m. on Thursday, June 30 at the Crowne Plaza Hotel at Bell Tower Shops in Fort Myers and will include a cocktail reception with complimentary food and beer. More than \$3,000 in cash and prizes will be awarded.

To register, visit [bgclcpoker.org](http://bgclcpoker.org).

Providing quality youth programs and brighter futures for young people in the Lee County community, the Boys & Girls Clubs of Lee County work to inspire and enable young people to realize their full potential as productive, responsible and caring citizens. The BGCLC strives to provide a safe, world-class club experience that assures success is within reach of every young person who walks through its doors. The organization envisions all of its members graduating high school with a plan for the future, demonstrating good character and citizenship while adapting a healthy lifestyle.

## Nominations Sought For Blue Chip Award

The 22nd annual Southwest Florida Blue Chip Community Business Award ceremony, coordinated and sponsored by BB&T- Oswald Trippe and Company and BB&T Bank, will take place Thursday, November 3 at Harborside Event Center, located at 1375 Monroe Street in Fort Myers. The annual Blue Chip Award program recognizes

successful, small business owners who have overcome adversity to achieve success.

For-profit businesses from Charlotte, Collier and Lee counties that have been in operation for at least three years under the same ownership and employ five to 400 people are eligible for the Blue Chip Award. Applications must be submitted no later than September 6 and independent judges will select the winning entry.

The 2016 Southwest Florida Blue Chip Community Business Award is endorsed by the Bonita Springs Area Chamber of Commerce, Business

Observer, Cape Coral Chamber of Commerce, Charlotte County Chamber of Commerce, Charlotte County Economic Development Office, Christian Chamber of Southwest Florida, City of Cape Coral Economic Development Office, Englewood-Cape Haze Area Chamber of Commerce, Estero Chamber of Commerce, Florida Gulf Coast University, Florida Southwestern State College, *Florida Weekly*, Greater Fort Myers Chamber of Commerce, Greater Lehigh Acres Chamber of Commerce, *Gulfshore Business*, Hodges University, Lee County Economic Development

Office/Horizon Council, Punta Gorda Chamber of Commerce, Sanibel & Captiva Islands Chamber of Commerce, *Southwest Florida Business Today*, Southwest Florida Hispanic Chamber of Commerce, The Greater Fort Myers Beach Area Chamber of Commerce and The Greater Naples Chamber of Commerce.

For information on attending the Blue Chip Award program or for submitting an application, contact Stacey Mercado at 433-7189 or [SMercado@BBandT.com](mailto:SMercado@BBandT.com).



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## Capital Fair

The Florida Small Business Development Center (FSBDC) at Florida Gulf Coast University will host the third annual 2016 Access To Capital Fair on Thursday, July 21 from 8 a.m. to noon at the Holiday Inn Fort Myers Airport, located at 9931 Interstate Commerce Drive. The event is free and a light breakfast will be provided. Registration is requested due to limited space.

This year's fair will bring business owners face-to-face with traditional and non-traditional lenders, including a speakers' panel discussion on SBA loans, non-traditional financing and crowdfunding. Panelists include Skip Soper of Small Business Lending; Pam Tedesco of Access Florida Finance; Miguel Gonzales with the Small Business Administration; Dieter Kondek, CEO of RocketLounge; Steve St. Clair with Florida Capital Bank; and Krishan Arora, founder of The Arora Project.

Arora will host a special session on How to Launch a \$1,000,000 Crowdfunding Campaign: Acquiring Non-Dilutive Capital to Grow Your Idea. He has raised more than \$3 million on Kickstarter and Indiegogo for several businesses. Having been the lead strategist of many large crowdfunding projects, Arora has created a detailed curriculum on how to be successful in the crowdfunding world and is currently developing a crowdfunding accelerator program.

Participating bank sponsors include Accion, Access Florida Finance, BankUnited, BB&T, Busey Bank, C1 Bank, First Florida Integrity Bank, Fifth Third Bank, Florida Capital Bank, Florida Community Bank, IDS Corp., One Source Business Capital, Small Business Lending, Marquette Commercial Finance, United Capital Funding and Wells Fargo.

Sponsorship opportunities are still available. Find out more about sponsorships and event registration online at [www.fsbdcswfl.org](http://www.fsbdcswfl.org).



## Three Added To Florida Fellowship



Kelsey Pena



Karly Marcy



Taylor Tringali

The Southwest Florida Community Foundation recently announced 2016 Florida Fellows Kelsey Pena, Karly Marcy and Taylor Tringali have joined the foundation staff for paid summer fellowships in public interest communications.

Now in its second year, the fellowship is made possible through a donation from the Al and Nancy Burnett Charitable Foundation. The project is a partnership with the University of Florida's College of Journalism and Communications.

The Florida Fellows are assigned to one of the nonprofit organizations funded through the community foundation's annual community impact grants. The fellows will assist the nonprofit leadership in developing messaging and stories of those who are benefiting from the grant. This year's nonprofit fellowship partners are Gulf Coast Humane Society for their spay and neuter program, the Alliance for the Arts for the arts economic impact study and Goodwill Industries of Southwest Florida for the Neighborhood Improvement Association community farming programs.

"Through this fellowship and other work with the nonprofit leaders throughout the year in our 2016 Grantee Tribe, we hope to support, strengthen and leverage the important work of the nonprofits in our region and provide a network for nonprofit leaders to connect and share ideas," said Sarah Owen, president and CEO of the Southwest Florida Community Foundation.

The eight-week fellowship will provide students with real-life experience in viable nonprofit organizations. One of the students will be selected to present at the University of Florida's Frank 2017 Gathering, an annual conference hosted in Gainesville for people who use communications to drive social change.

For more information about the Southwest Florida Community Foundation, call 274-5900 or visit [www.floridacommunity.com](http://www.floridacommunity.com). ✨

## Uhler, Vertich Host Financial Expert



Mark Roach, left, was featured during The Experts Speak - 2016, a learning opportunity for clients of Tom Uhler and Corey Vertich of Uhler and Vertich Financial Planners

Last week, Uhler and Vertich Financial Planners invited clients to meet Mark Roach, lead portfolio manager with the Dreman Contrarian Small Cap Value Fund, during The Experts Speak, an annual program that features financial authorities. Roach shared information about his firm, investment philosophy and objectives.

"We invite our clients to gather every year to broaden their knowledge about investing and meet the people who manage their money," said Tom Uhler, principal of Uhler and Vertich Financial Planners.

Roach joined Dreman Value Management, LLC in 2006 and has two decades of experience as an investment and security analyst. He holds an MBA from the University of Chicago's Graduate School of Business and served as a board member on the Rice University Wright Fund.

Uhler and Vertich Financial Planners is an independent registered investment advisory firm dedicated to the success of its clients' personal, family, financial and charitable goals. For more information, visit [www.uhlerandvertich.com](http://www.uhlerandvertich.com) or call 936-6300. ✨

Read us online at [IslandSunNews.com](http://IslandSunNews.com)

## Step It Up For Heart Health At Lee Heart Walk

Walk with more than 6,000 children, women and men to raise awareness and funds to fight heart diseases and stroke during the Lee Heart Walk, which will take place on Saturday, December 10 beginning at 8 a.m. at Centennial Park, located at 2000 W. First Street in Fort Myers.

The non-competitive, three-mile walk is free (no registration fee; donations encouraged), open to all age groups and is pet-friendly. Activities start at 8 a.m. with the Heart Walk following at 9 a.m. Walkers, runners and strollers are welcome to enjoy:

- A "Kids Zone" area
- Tasty treats and water stations designed especially for four-legged walkers (leashed pets welcome)
- Heart-healthy sandwiches by Subway, national event sponsor
- Sponsor booths
- Heart-health information
- Giveaways
- Support network information

The co-chairs for this year's event are Dr. Mitchell Cordova, professor

and dean of the College of Health Professionals and Social Work at FGCU and Danny Pate, vice president of operations at CenturyLink. Funds raised allow the American Heart Association/American Stroke Association to provide professional and community education, as well as critical research yielding medical advances such as cardiac catheterization, open-heart surgery, angioplasty, pacemakers and CPR.

Research has shown walking to be the single most effective form of exercise to achieve ideal cardiovascular health. Walking 30 minutes a day can improve critical numbers like weight, blood pressure and cholesterol.

The annual success of the Lee Heart Walk is due in a major part to the support of the Heart Walk's committed local sponsors, including Platform Sponsor Lee Memorial Health System; Presenting Sponsor CenturyLink; and other numerous area sponsors, including Arthrex, Florida Gulf Coast University and Lex and Eileen Roulston. Media sponsors include ABC-7, Carter-Pritchett and Media Vista.

For information on participating in the Lee Heart Walk, contact Kelly Goodwin, Lee Heart Walk Director, at 495-4901 or visit [www.LeeHeartWalk.org](http://www.LeeHeartWalk.org). Please use #LeeHeartWalk when sharing on social media. ✨

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Book Review

Fool Me Once

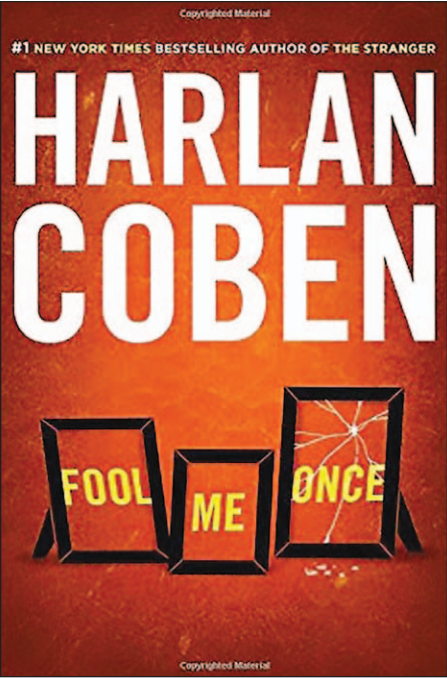


by Di Saggau

Readers like to be surprised, and when Harlan Coben writes a book, chances are that’s what you’ll get. There’s always a twist or two in the plot or something totally unexpected.

His latest novel, *Fool Me Once*, lives up to your expectations and tells the story of Maya Burkett, a disgraced Army helicopter pilot who is married to a very wealthy man. Her new found wealth has not kept her from having a run of bad luck. While serving in Kuwait, her sister Claire, with whom she was very close, was killed in a home invasion. Maya herself was involved in a mission where several civilians were killed and, as a result, it ended her career in the military.

While still in the military, Maya and Joe had a daughter, Lily, who became the joy of their lives. Just when it seemed her life was going to change for the better, Joe is attacked and killed by thugs in a park. A friend suggests to Maya that she get a nanny cam to be on the safe side of things. She trusts her nanny, but has one installed



Book by Harlan Coben

anyway. She’s shocked beyond belief when she checks the footage and sees what appears to be images of her murdered husband, with Lily on his lap.

Confronted with the video, the nanny claims she doesn’t know anything about it and then sprays pepper spray in Maya’s face and takes off with the memory card. Maya questions going to the police because they were no help when her sister was

killed, and she also doesn’t trust the NYPD homicide detective heading the investigation of Joe’s murder. She has to find out if she can believe what she thinks she saw and, to find the answer, she must come to terms with deep secrets and deceit in her own past.

Maya is not your typical heroine. She is smart, aggressive, independent and combat-trained, a lady who can take care of herself. Just when you think you have things figured out, Coben, a master of his craft, throws in a twist that leaves you breathless with surprise. *Fool Me Once* is my favorite Coben book to date, and I can’t wait for the movie that will be co-produced by and star Julia Roberts in the lead role. There is no release date yet but just knowing that it’s in the works gives us something to look forward to. In the meantime, be sure to read the book. Coben is like a skilled magician saving the best, most stunning trick for the very end.✪

FGCU Releases Diversification Report

Industry diversification measures released last Friday showed a general increase for Southwest Florida, according to a quarterly report issued by Florida Gulf Coast University’s

Industry Diversification Project. Southwest Florida improved from the 12th most diverse region in the state to the 10th, from the fourth quarter of 2014 to the fourth quarter of 2015.

There are 24 workforce regions in the state.

Across Florida, Tampa Bay ranked as the most diversified workforce region. North Florida – which comprises Jefferson, Madison, Taylor, Hamilton, Suwannee and Lafayette counties – ranked last.

Southwest Florida’s numbers are positive for the region, according to Project Director Christopher Westley, who oversees FGCU’s Regional Economic Research Institute (RERI).

“To the extent that a more diversified economy can withstand fluctuations in the business cycle, these numbers are a step in the right direction,” Westley said. “A lack of diversification in our economy is one of the reasons why our region tends to overheat during the booms and then overcorrect during the busts.”

Higher diversification measures also imply greater employment choices for workers, Westley said.

Within Southwest Florida, Naples-Immokalee-Marco Island ranked 7th among 22 metropolitan statistical areas in the state, while Cape Coral-Fort Myers ranked 8th. Punta Gorda ranked 16th.

More information is available online at [lutgert.fgcu.edu/idp](http://lutgert.fgcu.edu/idp).✪

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, I have some good news that I am eager to pass along. This information is for people with

disabilities. It’s a new way to save money, in an ABLE account without risking Social Security and other benefits to which they are entitled.

The new offering was created by the federal Achieving a Better Life Experience – or ABLE – Act, which became law in 2014. It allows people with disabilities to save up to \$100,000 in a special account without risking their Social Security and other government benefits. Medicaid can be retained no matter how much is deposited in the accounts.

A year and a half after legislation paved the way for people with disabilities to save without jeopardizing their government benefits, the first accounts are ready to become available and a handful of states are expected to open their self-styled ABLE programs this summer, including Florida. Each state had to pass their own legislation and establish regulations for the new savings vehicle.

“The ABLE Act was an idea that

started around a kitchen table in Northern Virginia by five dedicated parents from the Down syndrome community. Today is a historical achievement as now ABLE accounts are a reality for all individuals with disabilities in America thanks to the hard work of so many dedicated advocates from across the U.S.,” said Sara Hart Weir, president of the National Down Syndrome Society.

For the first time, people with disabilities can open special accounts where they can save money without jeopardizing their government benefits. People with disabilities will be able to use money saved in the accounts to pay for education, health care, transportation, housing and other expenses. Interest earned on savings in the accounts will be tax-free. ABLE accounts are currently limited to individuals with disabilities that originated before the age of 26, though federal lawmakers have proposed legislation to raise that threshold.

With ABLE accounts, people with disabilities can save up to \$100,000 without risking eligibility for Social Security and other government benefits. Medicaid can be retained no matter how much is in the accounts. Up to \$14,000 per year can be deposited in an individual’s ABLE account. Funds can be used to pay for education, health care, transportation, housing and other expenses. Each state program is expected to be somewhat unique and fees are likely to vary. One caveat to the accounts is that states can recoup money remaining after an

account holder dies to pay for Medicaid benefits disbursed to them.

In May, Ohio became the first state to offer accounts made possible through the ABLE Act with the launch of its program. ABLE accounts are available to individuals with disabilities nationwide through the state’s offering known as STABLE. For some families, it might make sense to open an account in Ohio, Virginia or Nebraska and then later roll it over into an account in your home state or elsewhere according to Weir.

Ohio’s STABLE accounts can be established through a dedicated website with an initial contribution of at least \$50. State residents will pay a \$2.50 per month fee for the accounts while residents of other states will pay \$5 per month. Additional fees apply depending on the investment options chosen and amounts vary depending on whether the account holder lives in Ohio.

Advocates recommend speaking with a financial advisor before deciding how to take advantage of an ABLE account.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to [smgreggs@gmail.com](mailto:smgreggs@gmail.com). Not all questions submitted can be addressed through this publication.✪

From page 2

Ordinary Texts

People who save old phone books and membership cards are easily denounced as pack-rats. But to the history lovers of the future, the useless clutter they save might be catalysts for a trip to the past and a reflection on the present.

Walk through historic downtown and muse on the quiet everyday life that composes 99 percent of history.

Want to learn more? Visit the Southwest Florida Historical Society’s research center, open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

The all-volunteer non-profit organization is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.

Call 939-4044 or visit [swflhistoricalsociety.org](http://swflhistoricalsociety.org) for more information.

Watch the website of the Southwest Florida Museum of History for when it will reopen after renovations: [museumofhistory.org](http://museumofhistory.org).

Then treat yourself to a museum tour at 2031 Jackson Street. Call 321-7430 for information.✪

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## Junior League Installs New Officers



Pictured from left, Molly Caldaro, Rebecca Antonucci, Jessica Steinberg, Katie Isaac, Laurie Moore, Carly Leotti, Jenine Kent, Shavon Chester, Mandy Carter, Carrie Gil and Erin Velotti. Not pictured is Vanessa Cavallaro.

The Junior League of Fort Myers, Inc. recently installed their incoming board members for the 2016-17 calendar year. Erin Velotti, Office of the State Attorney – 20th Judicial Circuit, will serve as the league's president.

A Fort Myers native and graduate of Fort Myers High School, Velotti received her bachelor's degree in English from Florida State University. She has been employed with the Office of the State Attorney since 2009. In 2013, she received her Certified Public Manager (CPM) Certification, administered by the Florida Center for Public Management at FSU, which is part of the Askew School of Public Administration.

In addition, Velotti is an alumnae member and past president of the Lee County Alumnae Association of Kappa Kappa Gamma Fraternity and a 2015 graduate of the Greater Fort Myers Chamber of Commerce Leadership Class. Her president term will run through May 2017.

Additional officers include Carrie Gil, president-elect; Vanessa Cavallaro, advisory planning chair; Rebecca Antonucci, sustainer advisor; Jessica Steinberg, member-at-large; Katie Isaac, recording secretary; Laurie Moore, treasurer; Carly Leotti, finance VP; Jenine Kent, membership VP; Shavon Chester, community VP; Mandy Carter, communications VP; and Vanessa Cavallaro, corresponding secretary.

For more information about the Junior League of Fort Myers, call 277-1197 or visit [www.jlfm.org](http://www.jlfm.org).

## Donation Helps Keep Children Cool This Summer

Each day, more than 100 children come to the Gladiolus Learning Center in the Harlem Heights neighborhood to learn, play and spend the day in a safe environment. Recently, one of the air conditioning units in an older room of the facility stopped working. The center's executive director, Tina Parsons, and her team were worried about how to pay for the repairs. They contacted the Salvation Army for help.

Now, the center will get a new portable air conditioning unit, thanks to One Hour Air Conditioning & Heating.

Partnering with the Salvation Army in Naples and Fort Myers to help low income and elderly residents avoid the summer heat, One Hour Air Conditioning & Heating is donating and installing 40 portable air conditioning units to people who don't have adequate air conditioning or the money to pay for repairs to their current air conditioning systems. The Salvation Army helped identify those in need in Lee and Collier counties through home visits and their social service centers. Technicians from One Hour Air Conditioning & Heating will do the installations.

"We have served the area for more than 30 years. The community has been very supportive and its part of our company DNA to give back. We did this last year, and we wanted to do it again and expand our donation to help people in both Lee and Collier counties this year," said Jim Britton, vice president of One Hour Air Conditioning & Heating in Naples. "Air conditioning is critical as temperatures rise, and with these units, the children and those receiving these units will feel an immediate difference."

"During the summer months we're reminded that need truly knows no season. We're thankful for our friends at One Hour Air Conditioning & Heating who have come alongside The Salvation Army to provide this critical service to our neighbors who otherwise may not have access," said Maj. Tim Gilliam, area commander for The Salvation Army Fort Myers Area Command serving Lee, Hendry & Glades Counties.

"Heat poses a very real danger to our elderly clients and those with medical issues," said Maj. Dan Proctor, regional coordinator for The Salvation Army of Collier County. "These portable air conditioning units literally can mean the difference between staying cool and suffering from a heat-related illness."

The Gladiolus Learning Center is located at 10320 Gladiolus Drive in Fort Myers.



From left, John Clinger, Merrill Lynch resident director, Bonita Springs; Gina Gavio, senior vice president, global treasury management, Bank of America Merrill Lynch; Deb Mathinos, director of lifelong learning, The Heights Center; Kathryn Kelly, president and CEO, The Heights Foundation; and Bill Schroeder, senior vice president, private client advisor, U.S. Trust

## Foundation Awards \$5,000 Grant

The Bank of America Charitable Foundation has awarded a \$5,000 Workforce, Development and Education grant to The Heights Foundation. The grant provides vital funding support to the foundation that helps individuals and families obtain the skills, education and ultimately jobs needed to achieve financial security and success.

"The poverty level for families in Harlem Heights is more than twice the county average," said Kathryn Kelly, president and CEO of The Heights Foundation. "This grant from Bank of America will help us continue to address challenges related to jobs and education, areas vital to the economic health of our community."

"Bank of America is committed to supporting organizations like The Heights Foundation that are making a positive impact in our communities," added Gerri Moll, president at Bank of America. "By addressing issues fundamentally connected to improving financial lives, we're helping to build a more sustainable community."

To learn more about The Heights Foundation and The Heights Center, visit [heightsfoundation.org](http://heightsfoundation.org) or call 482-7706.

Available at  
[www.AMAZON.COM](http://www.AMAZON.COM)  
[www.EDITORIALRXPRESS.COM](http://www.EDITORIALRXPRESS.COM)

**Female Pioneers of Fort Myers**  
*Women Who Made a Difference in the City's Development*  
 By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."  
 Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*



dearRPharmacist

## Seven Cool Things To Do With Cucumbers



by Suzy Cohen, RPh

**Dear Readers:** In the winter in Colorado, you can't get me to buy these, but come summer, there's always one or two in my fridge. Cucumbers have a lot of health benefits.

They are known botanically as *Cucumis sativus* and they're actually a fruit, not a vegetable. They're in the same family as melons, zucchini and pumpkin.

Cucumbers have many active constituents among them, an anti-inflammatory flavonol called "fisetin" which supports brain health. Cucumbers offer compounds that are antioxidants, so they help prevent systemic rusting.

Here's some fresh ideas:

1. Soothe itchy eyes. Cut 2 slices off and lay upon your eyes. This feels especially comfy if you have red, itchy eyes from whatever's blooming. You can also cut slices and put in a jar of water and infuse the water for an hour (refrigerate), then make a compress out of the cucumber water. Squeeze it and lay that upon your eyes.

2. Juice them. They contain laroicresinol, pinocresinol and secoisolaricresinol, which are three important com-

pounds when it comes to reducing risk of reproductive cancers (ovarian, breast, uterine, prostate). Secoisolaricresinol is also found in flax.

3. Heal burns. Cut the slices lengthwise and apply to areas of sunburn, or use my compress idea from before.

4. Drink them. Cut cucumbers into 1/2 slices along with 1/4 slices of lemon and put into a beautiful glass decanter or carafe with some ice. Let it marinate for an hour and then drink all day. Among the many health benefits, you may see a mild diuretic effect that could help with blood pressure and weight loss.

5. Eat them. The profound medicinal benefits of cucumbers are not apparent to you. I bet you walk right past them in the produce section all the time. These guys can block COX2 enzymes (similar to Celebrex, a popular medication) dampening down pain-causing cytokines. While cukes are not as strong as drugs, I'd still chop some into your salad along with fresh tomatoes and basil leaves. Finish with cilantro-lime vinaigrette. This salad adds fiber that in turn helps you manage weight.

6. Treat acne with it. Cucumbers have the ability to remove dirt, dead skin cells, bacteria and left over make-up residue. It naturally calms and cools a red or inflamed area. Put a quarter of an unpeeled cucumber in your food grinder along with a tablespoon of witch hazel and two drops of tea tree oil and five drops lavender. Grind to smooth consistency and apply as a 'mask' or dab on an area.

7. Make a toner for your face. Slice cucumbers into two cups of pure distilled water. Strain out the cucumbers so you are left with cucumber water, add

one tablespoon of organic aloe vera leaf juice, 10 drops essential oil of lavender and five drops jasmine. For oily skin add to this, five drops helichrysum. If you have dry skin, use rose oil.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*✱

## New Director

Laura Slack has been named as the new director of Resident Life at Shell Point Retirement Community, Florida's largest single-site continuing care retirement community (CCRC).

Slack has more than 25 years of experience working at retirement communities around the country, many in a leadership position. She has a bachelor's degree in business administration from the University of South Florida in Tampa.

In her role at Shell Point, Slack will lead the Resident Life team that oversees all lifestyle options, amenities, and services offered to residents. This function focuses on providing programs to residents that are related to the organization's LifeQuest initiative and



Laura Slack

its six dimensions of wellness: physical, emotional, spiritual, educational, community and social, and natural environment.

"Laura's devotion to our residents' wellbeing is evident in everything she does," said Scott Moore, chief operating officer. "She is open to new ideas, and her goal is to make each day the best that it can be for our residents. Laura has already embraced and applied Shell Point's core values of caring, serving, and satisfying, and I am sure she will continue to build that mission in her new role."

Among the key projects under Slack's direction are the summer and fall/winter season concert series performances, which are open to the public; the Academy of Lifelong Learning, an award-winning continuing education program for seniors; health and fitness activities, including classes offered at the LifeQuest Aquatic Center; and diverse volunteer engagement opportunities for the community's 2,400 residents, such as the Gulf Coast Model Railroad, the Community Thrift Store, and the Larsen Pavilion Auxiliary which assists residents in the skilled nursing facility.

"A robust approach to daily interactions and activities contributes to the health and wellbeing of older adults," said Slack. "Our ongoing commitment is to promote active aging programs at Shell Point that enrich quality of life and help individuals continue to live independently."

To learn more, visit [www.shellpoint.org](http://www.shellpoint.org) or call 1-800-780-1131.✱

## Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

**Dear Mom & Me,**

My dear friend of many, many years is dying from what I think is a preventable condition. I am going to miss her terribly and feel that she has been betrayed by her national health insurance.

It appears in order to save money the doctors did not order an expensive diagnostic procedure and only ordered the procedure when symptoms developed. And by that time it was too late. The

final costs for tests, treatment and terminal care far, far exceeds the cost of the diagnostic procedure, when her condition could have been diagnosed at a curable stage if only it had been done.

Please tell your readers that national health insurance does have problems, and they economize and prioritize in order to keep cost down. Do you have an opinion on this?

Delia

**Dear Delia,**

It is not just health insurance; it is health maintenance organizations and health insurance in general. Insurance models are built on a medical model of treating illness versus preventing illness. It is only recently that insurance models have recognized the value of preventive medicine, and still not all preventive tests and procedures are covered.

Pryce

**Dear Delia,**

Our health care has its faults for sure, but I am very grateful that my insurance paid for a diagnostic procedure that I am sure prevented a long-term problem and death.

I am a strong believer in prevention e.g. diet, exercise and lifestyle changes – with the goal not to be living to be 110 but to enjoy the best quality time for as long as possible.

Lizzie

Lizzie and Pryce's email address is [momandmeaging@hotmail.com](mailto:momandmeaging@hotmail.com).✱

Doctor and Dietician

## The Low-Fat Food Dilemma



by Ross Hauser, MD and Marion Hauser, MS, RD

You would be hard pressed to find a food out there that doesn't come in a low-fat or fat-free variety. Of course, we are talking about fat-based foods. This is how the food industry makes a lot of money. It feeds on what the media hypes as health dangers. Fat-free/low fat dressings, peanut butter, mayonnaise and snack foods are so common that most people just assume they are the right way to go. But they are wrong! You can bet that when something is taken out of a food (i.e. fat), something else will be added in. When foods have the fat removed from them, taste is compromised, and the food

manufacturers load them with sugar. These foods also have food additives and chemicals. If you ever compare a jar of regular peanut butter with the reduced fat peanut butter version, you will notice that they have the same amount of calories. How can this be if fat is taken out? They have taken some fat out, but they have added sugar, as well as other ingredients. The low-fat diet can easily become a high-carbohydrate diet, which can then lead to an increase in blood triglycerides, one of the features of metabolic syndrome. Metabolic syndrome includes a cluster of symptoms believed to play a role in type II diabetes, obesity and cardiovascular disease.

Foods that are naturally high in fat, products from animals that have been properly fed and raised, are foods that tend to be highly nutritious and healthy. Processed low-fat and fat-free foods do not fit one of our main focuses, eating natural, and as such, we do not recommend them. Natural foods are in the state they should be eaten, not altered. This is the best way to go for your health!

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).*✱



# PETS OF THE WEEK



Bailey

Bailey ID# 663062

Once upon a time there was a pretty Red Florida Curr named Bailey. Some would say she's the perfect age at 4 years old. She's past her terrible twos and has become a loveable and fun dog that will go with the flow. If you are looking for an easy-going girl with an adorable face, look no further. Won't you be Bailey's happily ever after?

Her adoption fee is \$50 (regularly \$75) during Animal Services' Once Upon A Time adoption promotion.

Once upon a time, two domestic short hair kittens who didn't know each other ended up at the shelter. They both had injured legs. Clover, who is 3 months old, had her injured leg removed and was hopping around in no time. After Trinity, who was 2 months old, had her leg removed, she learned to hop from Clover. They have been best friends ever since. Won't you please adopt these two girlfriends and give their tale a happy ending?

The adoption fee for both kittens is \$75.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.✪



Clover ID# 660793, Trinity ID# 662659

## THE RIVER WEEKLY NEWS FROM THE BEACHES TO DOWNTOWN FORT MYERS

Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

### ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

### CLUBS & ORGANIZATIONS

Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Coral Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118

### Kiwanis Clubs:

Fort Myers Beach	765-4254 or 454-8090
Fort Myers Edison	694-1056
Fort Myers South	691-1405
Gateway to the Islands	218-5768
Iona-McGregor	482-0869

### Lions Clubs:

Fort Myers Beach	463-9738
Fort Myers High Noon	466-4228
Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

### AREA ATTRACTIONS

Bailey-Matthews Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to:  
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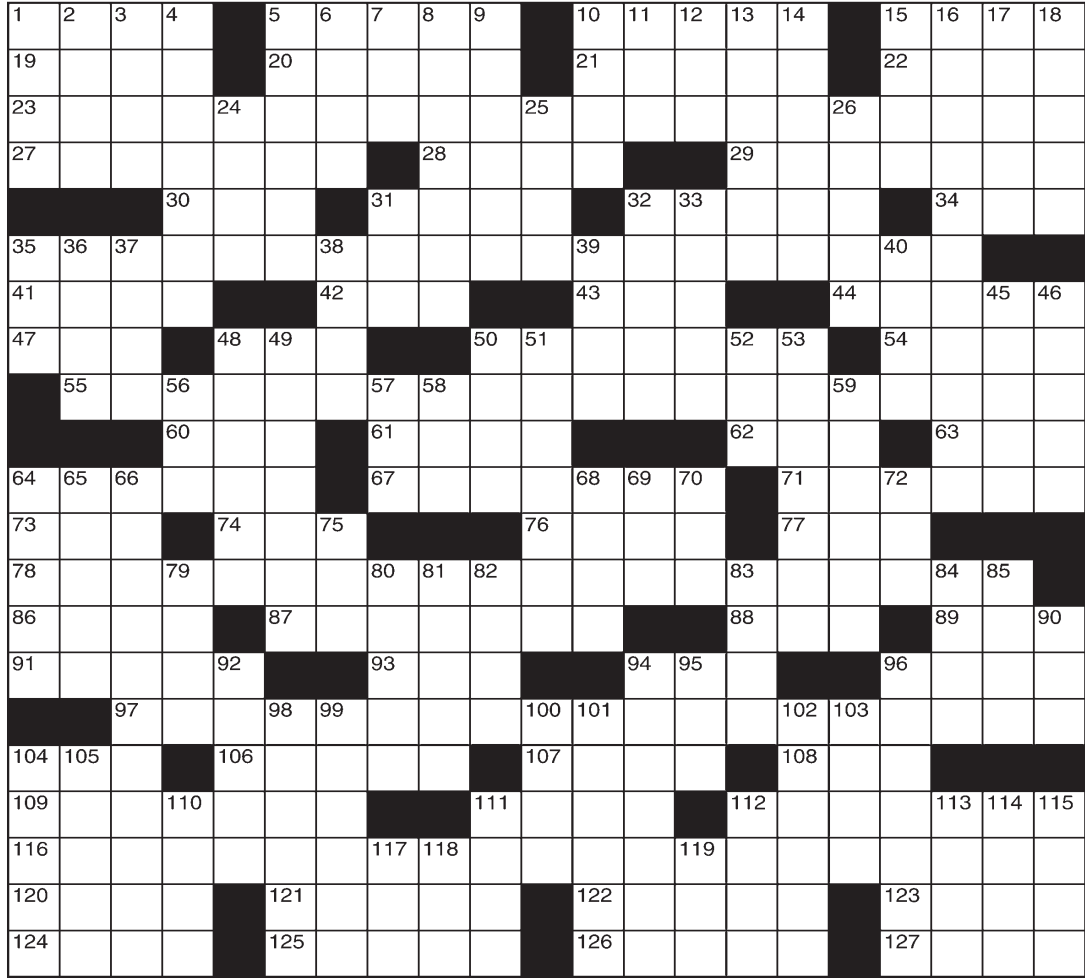


PUZZLES

Answers on page 29

Super Crossword THE NATIONALIST AND THE NEWBORN

- ACROSS
- 1 Mrs. Alfred Hitchcock
- 5 Had an expectation
- 10 "C'est moi," in English
- 15 Car financing co., once
- 19 Malicious
- 20 Greater than
- 21 Of film sound effects
- 22 Quiet stretch
- 23 Start of a riddle
- 27 Like potatoes
- 28 — a soul (nobody)
- 29 Coagulated
- 30 Similar to
- 31 Have — (know the right person)
- 32 Online letter
- 34 Serpent follower
- 35 Riddle, part 2
- 41 Wields
- 42 Kitten sound
- 43 Flatow or Glass of radio
- 44 SeaWorld attractions
- 47 Minivan driver, often
- 48 Geol., e.g.
- 50 Smart guy
- 54 Purview
- 55 Riddle, part 3
- 60 Many millennia
- 61 Thrill rider's inhalation
- 62 Thrown
- 63 Grafton's "— for Evidence"
- 64 Graph anew
- 67 Riddle, part 4
- 71 Jim who played Ernest P. Worrell
- 73 Smelter input
- 74 Lilt syllable
- 76 Blockhead
- 77 Is, pluralized
- 78 Riddle, part 5
- 86 Befuddled
- 87 Poison in many murder mysteries
- 88 Some small batteries
- 89 Barn bird
- 91 Bird homes
- 93 Flamboyant stole
- 94 Actress Grier
- 96 Soft cheese
- 97 End of the riddle
- 104 "Hostel"
- 106 Besmirch
- 107 "May — a favor?"
- 108 "Gloria in excelsis —"
- 109 Making out
- 111 "— all know ..."
- 112 Buildup of unfinished work
- 116 Riddle's answer
- 120 Lead-ins to big days
- 121 Elvis hit, e.g.
- 122 Bang or pop
- 123 Unit of matter
- 124 Cardinal and cherry
- 125 Auto type
- 126 "Eeww!"
- 127 \$1,000 units, in slang
- DOWN
- 1 French pals
- 2 Southpaw's side
- 3 "Still I Rise" poet Angelou
- 4 Arctic parkas
- 5 Boisterous, loud laugh
- 6 Submit to
- 7 "— favor!"
- 8 Still, after all this time
- 9 Hold up
- 10 Doubtful
- 11 To boot
- 12 35mm camera option
- 13 Resident of Islam's spiritual center
- 14 Cornea coverer
- 15 Overfill
- 16 Like a triplex
- 17 Patriot Ethan
- 18 Bonnie's pal
- 24 Sch. for the Bruins
- 25 Novelist Sarah — Jewett
- 26 Manuscript leaf
- 31 Yes vote
- 32 Zimbalist of "The F.B.I."
- 33 Marlins' city
- 35 "Tasty!"
- 36 With 113-Down, recently
- 37 Pixar's lost clown fish
- 38 "Jake and —" (comedy Web series)
- 39 River to the Seine
- 40 Trapped like —
- 45 Cliffside nest
- 46 Full of lip
- 48 Suave
- 49 Situated in the middle
- 50 Long (for)
- 51 Blocked
- 52 Comic actress Gasteyer
- 53 Blissful state
- 56 Buddhism, e.g.: Abbr.
- 57 John Deere Classic org.
- 58 Dorm leaders, for short
- 59 Wolves (down)
- 64 "Mr. Bean" star Atkinson
- 65 Wipe chalk from
- 66 Ale brand until 2011
- 68 Put on
- 69 Nabokov's longest novel
- 70 Male issue
- 72 Stephen of "Stuck"
- 75 "— ideas?"
- 79 Like a Mass: Abbr.
- 80 African land
- 81 From here — (henceforth)
- 82 Ampule, e.g.
- 83 Poet's foot
- 84 Kin of "me neither"
- 85 Leia, to Luke
- 90 Piano piece
- 92 Bridal gown fabric
- 94 Sit to be painted by, perhaps
- 95 "Great" bird
- 96 Schoolchild's burden
- 98 Dances with dipping
- 99 Squirm
- 100 Menu choice
- 101 Deviating off course
- 102 "My Cup Runneth Over" singer
- 103 Bi- plus octa-
- 104 Go in
- 105 Go out
- 110 Hug go-with
- 111 Port city of Yemen
- 112 Firm cheese
- 113 See 36-Down
- 114 It uses a double reed
- 115 Places to lift
- 117 Tally (up)
- 118 Long of "Premonition"
- 119 2016 Olympics city



King Crossword

- ACROSS
- 1 Year-end refrains
- 6 Farthest point
- 12 Girl in "Peanuts"
- 13 TV ad spokescat
- 14 More sore
- 15 Hitching posts?
- 16 Criterion
- 17 Wan
- 19 Shirt shape
- 20 Comic Idle
- 22 Not "post-"
- 24 Petrol
- 27 Taj Mahal locale
- 29 Nowhere near
- 32 Including the latest information
- 35 Adolescent
- 36 Abound
- 37 Superman foe Luthor
- 38 Shell game need
- 40 Pull along
- 42 Past
- 44 Lucy's hubby
- 46 Ostriches' kin
- 50 U.S. neighbor
- 52 Fold
- 54 Online periodicals
- 55 Small Pacific seabird
- 56 Go to bed
- 57 Fits inside snugly
- 62 Cistern
- 63 Lengthy discourses
- 64 "House That Jack Built" critter
- 65 Scooted
- 66 Eviscerate
- 67 Gorilla
- 68 Hurry
- 69 Cheese choice
- 70 Chowd down
- 71 Mystery writer Stout
- 72 Indivisible
- 73 "-- Little Teapot"
- 74 Venomous viper
- 75 Nerds
- 76 Computer brand
- 77 Hypnotist's look
- 78 Relaxation
- 79 21-Down's food
- 80 Handles
- 81 Collection
- 82 Singer DiFranco
- 83 Wish undone
- DOWN
- 1 Pleasing
- 2 Ahs' mates
- 3 Upper crust
- 4 David -- Roth
- 5 Unbending
- 6 Eastern nursemaid
- 7 Coral creature
- 8 Scrap
- 9 Appreciative
- 10 Green land
- 11 Being (Lat.)

MAGIC MAZE PARTED WORDS

B S P N K I F R C A X V I T S  
Q O L J H E E C A X V M N N T  
R P N L J N E H F D P E B E Y  
E X V T T R P T L A M P O M M  
Y K K R (D E P A R T M E N T) I  
G L A E L C I T R A P M A R E  
D P T T B T I A Y T P Z P A X  
W U T R R S P R Q T W A O P N  
L J I A A A G F D C R A N M A  
Y X P N W P P V T T S A Y O R  
P O N L K J I G S F E C P C B

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Apartment      Impart      Partisan      Partway  
Bonaparte      Partake      Partly      Party  
Compartment      Partial      Partner      Rampart  
Department      Particle      Parts









**Florida Sangria**  
1 lemon  
1 lime  
1 orange  
1 cup strawberries  
1 bottle blueberry wine, semi-dry  
Wash and thinly slice lemons, limes and oranges, without removing the peel. Place in a large pitcher and add strawberries.  
Pour wine into pitcher so that it covers fruit. Cover and refrigerate for 4 hours.✧



Florida Sangria

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PUZZLE ANSWERS

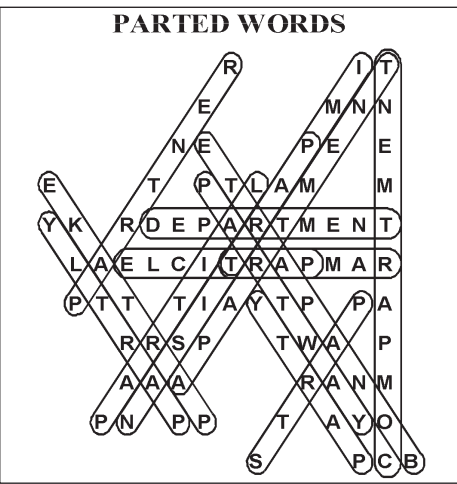
SUPER CROSSWORD

ALMA	HOPED	ITSME	GMAC
MEAN	ABOVE	FOLEY	LULL
IFYOU	WERETO	FORCEFULLY	
STAR	CHYNARY	CLOTTED	
ALA	ANIN	EMAIL	INE
YANK	AWAY	ONEOF	INDIAS
USES	MEW	IRA	ORCAS
MOM	SCI	WISEMAN	AREA
FORMER	PRIMEMINISTERS		
EON	GASP	ARC	EIS
RE	PLOT	ASHEWAS	VARNEY
ORE	TRA	DODO	ARE
WATCHING	GOVERNAN	INFANT	
ASEA	CYANIDE	AAS	OWL
NESTS	BOA	PAM	BRIE
WHAT	WOULD	YOU	BEDOING
ELI	TAINT	IASK	DEO
NECKING	ASWE	BACKLOG	
TAKING	GANDHI	FROM	BABY
EVES	OLDIE	NOISE	ATOM
REDS	SEDAN	GROSS	GEESE

KING CROSSWORD

NOELS	APOGEE
VIOLET	MORRIS
ACHIER	ALTARS
TEST	ASHYTEE
ERIC	PRE
GAS	AGRAAFAR
UPTOTHEMINUTE	
TEEN	TEEMLEX
PEA	DRAG
AGO	DESIEMUS
CANADA	CREASE
EZINES	AUKLET
RETIRE	NESTS

MAGIC MAZE



SUDOKU

5	9	6	8	3	2	7	4	1
3	4	7	6	1	5	9	2	8
8	1	2	4	9	7	3	5	6
7	3	5	1	2	9	6	8	4
4	6	9	3	5	8	1	7	2
2	8	1	7	6	4	5	9	3
1	5	4	9	8	3	2	6	7
6	2	8	5	7	1	4	3	9
9	7	3	2	4	6	8	1	5

My Stars ★★★★★

FOR WEEK OF JUNE 27, 2016

**ARIES** (March 21 to April 19) You feel ready to face up to a major change, although it might involve some risks. A once-dubious family member comes around and offers support and encouragement.

**TAURUS** (April 20 to May 20) Move forward with your plans, despite discouraging words from those who underestimate the Bovine's strong will. Your keen instincts will guide you well.

**GEMINI** (May 21 to June 20) A misunderstanding is easily cleared up. Then go ahead and enjoy some fun and games this week. A Libra might have ideas that merit serious consideration for the future.

**CANCER** (June 21 to July 22) You might feel as if you're in an emotional pressure cooker, but the situation is about to change in your favor. Take time out for some well-earned fun.

**LEO** (July 23 to August 22) A shift in your workplace responsibilities creates resentment among some co-workers. Deal with it before it becomes a threat to your success on the job.

**VIRGO** (August 23 to September 22) Expect some surprises in what you thought was one of your typically well-planned schedules. Deal with them, and then enjoy some lighthearted entertainment.

**LIBRA** (September 23 to October 22) Be careful: What appears to be a solid financial opportunity might have some hidden risks attached. A hazy personal matter needs to be cleared up.

**SCORPIO** (October 23 to November 21) It's a good time to strengthen ties with family and friends. You might feel unsure about a recent workplace decision, but time will prove you did the right thing.

**SAGITTARIUS** (November 22 to December 21) Just when you thought your relationship was comfortable and even predictable, your partner or spouse could spring a potentially life-changing surprise on you.

**CAPRICORN** (December 22 to January 19) Your usually generous self is overshadowed by your equally strong suspicious nature. You might be judging things too harshly. Keep an open mind.

**AQUARIUS** (January 20 to February 18) Love and romance dominate the

week. Married Aquarians enjoy domestic harmony, while singles could soon be welcoming overtures from loving Leos.

**PISCES** (February 19 to March 20) An old health problem recurs, but it is soon dealt with, leaving you eager to get back into the swing of things. A favorable travel period starts this week.

**BORN THIS WEEK:** You have an independent spirit that resists being told what to do. But you're also wise enough to appreciate good advice.

THIS WEEK IN HISTORY

- On July 2, 1839, Africans on the Cuban schooner Amistad rise up against their captors and seize control of the ship, which had been transporting them to a life of slavery on a sugar plantation in Cuba. Despite an international ban, Cuba continued to transport captive Africans until the 1860s.

- On June 28, 1862, Confederates posing as paying passengers make a daring capture of a commercial vessel on Chesapeake Bay. The conspirators planned to use the St. Nicholas to force other Yankee ships into Confederate service.

- On June 30, 1900, four German boats burn at the docks in Hoboken, New Jersey, killing more than 300 people. The combination of old wood, strong winds and fuel-filled cargo sheds made the fire spread very rapidly. The fire was so large that it could be seen throughout the New York City area.

- On June 27, 1940, the Germans set up two-way radio communication employing their most sophisticated coding machine, Enigma, to transmit information. The Germans considered Enigma unbreakable, but the British had broken the code as early as the German invasion of Poland.

- On July 3, 1957, Nikita Khrushchev takes control in the Soviet Union by orchestrating the ouster of his opponents in the government. Khrushchev's action delighted the United States, which viewed him as a more of a moderate.

- On June 29, 1967, blond bombshell actress Jayne Mansfield is killed instantly when the car in which she is riding strikes the rear of a trailer truck on I-90 east of New Orleans. A thick white fog from a mosquito sprayer may have obscured the truck.

- On July 1, 1979, the first Sony

Walkman goes on sale for \$150 after a breakneck development phase of only four months. The initial production run of 30,000 units looked overly ambitious when only 3,000 were sold the first month.

STRANGE BUT TRUE

- It was 19th-century mathematician and philosopher William Kingdon Clifford who made the following sage observation: "It is wrong always, everywhere, and for anyone, to believe anything upon insufficient evidence."

- Thanks to stories of Robin Hood, most people have heard of King Richard the Lion-Hearted. He wasn't much of a king, though; he spent only about six months in England, and he didn't even speak English.

- If you have the great good fortune to take a cruise along the length of the Danube River -- Europe's second-longest -- you'll hear seven languages spoken along the banks as you travel.

- Just a couple of hours southwest of Indianapolis, you'll find the town of Vincennes, Indiana, home to the Backyard Roller Coasters. This is where John Ivers, a blue-collar worker, decided he wanted to build a roller coaster in the backyard of his home off Highway 41 -- and he didn't let his lack of an engineering background stop him. The thrilling 10-second ride was completed in 2001, and in 2006 those with less nerve got their own, tamer coaster on the same site. The coasters are open to the public, so visitors can try out either (or both) of the rides by making an appointment.

- You may be surprised to learn that an elephant is 40 to 50 years old before all of its teeth come in.

- Aside from being well-known conquerors, what did Alexander the Great and Napoleon have in common? They both hated cats.

THOUGHT FOR THE DAY

"Man can be the most affectionate and altruistic of creatures, yet he's potentially more vicious than any other. He is the only one who can be persuaded to hate millions of his own kind whom he has never seen and to kill as many as he can lay his hands on in the name of his tribe or his God." -- Benjamin Spock

SCRAMBLERS

solution

1. Tactic; 2. Medium; 3. Singe; 4. Relate

Today's Word:  
**AGENT**

TRIVIA TEST

- History: What major event in France's history is marked by the year 1789?
- Geography: What European city is known as the City of Peace and Justice?
- Music: What is the next to the last note in the scale that begins "do, re, mi ..."?
- Medical: What is involved in a phlebotomy?
- Chemistry: What is another name for sodium chloride?
- Language: What was a bard's profession in ancient times?
- Famous Quotes: Which 19th-century writer once said, "Nothing that is worth knowing can be taught"?
- Animal Kingdom: What kind of creature is a pollywog?
- Games: How many pieces make up a double-six domino set?
- Science: What are the four life stages of a butterfly?

TRIVIA ANSWERS

1. French Revolution begins 2. The Hague 3. ti 4. Drawing blood for tests 5. Table salt 6. Poet 7. Oscar Wilde 8. A tadpole 9. 28 10. Egg, larva, pupa, adult.



# ★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★

## REAL ESTATE

### CAPTIVA INTERVAL WEEK

Own your own piece of Paradise at South Seas Plantation Resort. Week 35 at The Cottages. Two story Townhouse. Sleeps up to 8. Great views, use of all the resort amenities. Completely furnished and equipped. Frequently includes Labor Day Holiday. Resort has similar units listed at \$14,000 to \$19,900. Asking 11,900. 239-218-6100  
\*NS 6/24 CC 6/24

### GARCIA REAL ESTATE AND CONSULTING



**RICHARD J. GARCIA, GRI, BROKER**  
**239-472-5147**  
garciaonsanibel.com  
Offering Personal, Private, and Professional Real Estate Services on Sanibel and Captiva Islands. 30 Year Resident of Sanibel. Licensed in Florida, New York, Pennsylvania and New Jersey.  
\*RS 4/29 CC TFN

## COMMERCIAL RENTAL

### COMMERCIAL RENTAL



Free standing "cottage" available for rent. Located in the popular Sanibel Square on Periwinkle Way. Newly updated, approximate. 700 sq. feet of area. Please call JUDY @ 239-851-4073.  
\*RS 12/4 CC TFN

### OFFICE SPACE FOR RENT

Great office space for rent. Great location, 700 square feet on Periwinkle. Call Joe Gil 516-972-2883 or 800-592-0009.  
\*NS 4/24 CC TFN

## ANNUAL RENTAL

### HOUSE FOR RENT

West Gulf Dr., long term, 2,000 sq.ft. 3Br,2B, loft, 2 car garage. 2 enclosed lanais off MB & LR. Private Deeded Beach. \$2,500, first, last, security. 239-910-6430 or email Luvavantis@aol.com  
\*RS 6/24 CC TFN

### AVAILABLE FURNISHED 3 BED / 2 1/2 BATH

Updated: tile and wood floors. secluded. Direct path to Bowmans Beach. Minium rental is one month. Owner flexible on rates and duration. for information and photos write to; bantrybay1@comcast.net  
\*NS 6/24 CC 7/1

## VACATION RENTAL

### LIGHTHOUSE REALTY

Paul J. Morris, Broker  
VACATION RENTALS  
PROPERTY MANAGEMENT & SALES  
359 Periwinkle Way, Sanibel Island  
**239-579-0511**  
\*RS 1/4 CC TFN

### Island Vacations

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*Million \$ Views Await You!*  
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**239-472-7277**  
**1-888-451-7277**  
\*RS 1/4 BM TFN

## SEASONAL RENTAL

### HAVE THE TIME OF YOUR LIFE IN BEAUTIFUL LAKE LURE NC

Just placed on the rental market, This beautiful 5 BR 4ba lake front home is ready for you to spend a week or a month. This million dollar home has everything you would expect. Located in a gated community with two gulf courses, tennis, spa and lazy river pool, Restaurants and shopping an short distance away. Call Tracy @ 828-552-5600  
\*NS 6/24 CC 7/8

### RE/MAX OF THE ISLANDS

Putting owners and tenants together  
Call Ryan Block  
www.remax-of-theislands.com  
239-472-2311  
\*RS 1/23 BM TFN

## RENTAL WANTED

### KATIE GARDENIA, ARTIST NEEDS YOUR HELP

Planning to come back to Sanibel/Captiva Jan. 2017 need small, reasonable, pet friendly place for Jan., Feb., March (longer or shorter possible) If you have something or if you know of something please call Katie at 239-246-0389 or email: KATIEGARDENIAARTIST@GMAIL.COM  
\*NS 6/24 CC 7/1

## SERVICES OFFERED

### SANIBEL HOME WATCH

Retired Police Captain  
Lives on Sanibel  
Will Check Your Home Weekly  
Very Reasonable Rates  
(239) 728-1971  
\*RS 1/4 BM TFN

### HELLE'S CLEANING SERVICES

Residential Cleaning to Satisfaction  
Sanibel & Captiva • 239-565-0471  
Sanibel Lic. #11412 Lee Co. Lic. #051047  
\*NS 1/4 PC TFN

### SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming  
Weeding, Installation of Plants, Trees and Mulch (one month free service available)  
Joe Scarnato (239) 849-6163  
scarnatolawn@aol.com  
\*RS 1/25 BM TFN

### ROGER NODRUFF ELECTRIC

Lic# EC12002788.  
Call Roger 239-707-7203.  
Aqualink - Motor Controls.  
Office & Store Maint.  
\*RS 6/7 CC TFN

### CAREGIVER

FL CNA, 20 years experience, Sanibel references. Med. mgt., wound care, CPR, housekeeping, meal prep., pet care, home watch, exercise monitoring, errands, etc. Call Sheila 239-437-9437/850-7082.  
\*RS 5/13 CC TFN

### POOL & SPA SERVICES

Aqua Smart Pool & Spa Services, Inc.  
772-1955  
Servicing Residential & Commercial Pools!  
\* Weekly Maintenance Service  
License & Insured  
\*NS 5/20 CC TFN

## VEHICLES FOR SALE

### GOLF CART FOR SALE



Street legal, "gas" powered.  
\$6,500. 239-209-6500  
\*RS 1/22 BM TFN

## BOATS - CANOES - KAYAKS

### DOCKAGE

Hourly, Daily, Weekly  
and Monthly.  
Captiva Island 472-5800  
\*RS 1/4 NC TFN

## LOST AND FOUND

### ENGAGEMENT RING LOST

Engagement ring lost at the Lighthouse Beach by the big driftwood tree on 4/28/16 in the water. If anyone finds, please contact the Sanibel Police or call 864-704-5135.  
\*NS 5/13 NC TFN

## HELP WANTED

### HELP WANTED

Licensed Real Estate Assistant  
Work with a top producer on the islands and surrounding area. No salary cap.  
E-mail resume to:  
SWFloridaRealEstateCompany@gmail.com  
\*NS 6/17 CC 7/1

### WEEKEND HELP WANTED

Part-time retail sales professional needed year-round for a unique wildlife gift shop/nature store located at the J.N. DING Darling National Wildlife Refuge and run by the non-profit Society. Candidate must be available to work Saturdays and Sundays from 8:45 a.m. - 4 p.m. (5 p.m. in season.) Responsibilities include supervising the store when manager not present, maintaining visual appeal of the store, working with volunteers, and stocking the store, receiving merchandise. Must have great customer service/people/communication skills, able to work with volunteers, and able to lift 40 pounds. Must be high energy with general math and computer skills. Tolls paid. Retail experience required. Pay range \$12. per hour. Please contact Jean at 239-472-1100 ext. 241 or email resume to: bookstore@dingdarlingsociety.org.  
\*RS 6/24 CC 7/1

### JERRY'S FOODS WAITRESSES OR WAITERS

Part Time Evening And Weekend Front End Associates Needed. Looking for energetic, personable, and fun individuals, with open availability Monday through Sunday. If interested call and ask for John, Tami, or Norm 472-9300.  
\*NS 5/6 BM TFN

*To those who are hungry, \$20 is a fortune.*

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## Harry Chapin Food Bank!

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WEEKLY NEWS  
FROM THE BEACHES TO THE RIVER DISTRICT  
FOURTH FLOOR MOVIE



# Turtle Nesting Season Guidelines

With the official start of sea turtle nesting season now upon us, the City of Sanibel, in partnership with the Sanibel-Captiva Conservation Foundation (SCCF), is asking all residents and visitors to do their part in protecting these threatened and endangered species.

On Sanibel, nesting and hatchling emergence typically occur between May 1 and October 31. The nesting ritual of the loggerhead sea turtle is one of the most remarkable natural phenomena occurring on Sanibel's gulf beaches. This natural process has happened on Sanibel for centuries and our 11 miles of gulf shoreline have more nesting activity than any other beach in Lee County. Sought by predators and susceptible to dehydration, sea turtle hatchlings have only a one in one thousand chance of survival. Human activities can further reduce that chance.

By following these simple guidelines, you can do your part to ensure the survival of these magnificent creatures:

- Turn off or shield lights near the beaches. Artificial beach lighting can inhibit female sea turtles from nesting and disorient hatchlings. Most beachfront lighting issues can be addressed by turning off all unnecessary lights, repositioning or modifying light fixtures or closing blinds and drapes.
- Remove furniture and other items from the beach and dune area when not in use, between the hours of 9 p.m. and 7 a.m. Items left on the beach, including beach furniture, toys and trash, may be barriers to nesting or result in entanglement and predation of hatchlings.
- Level all sandcastles and fill any holes dug during play. These are fine during the day but may pose additional hazards at night. Please leave the beach as you found it, so that sea turtles and hatchlings are not hindered on their way to nest or to the water.
- Pick up all trash. Sea turtles mistakenly eat debris, especially plastic, which results in death.
- Honor the leash law. All dogs on the beach must be on a leash and not allowed to disturb nesting turtles or hatchlings.

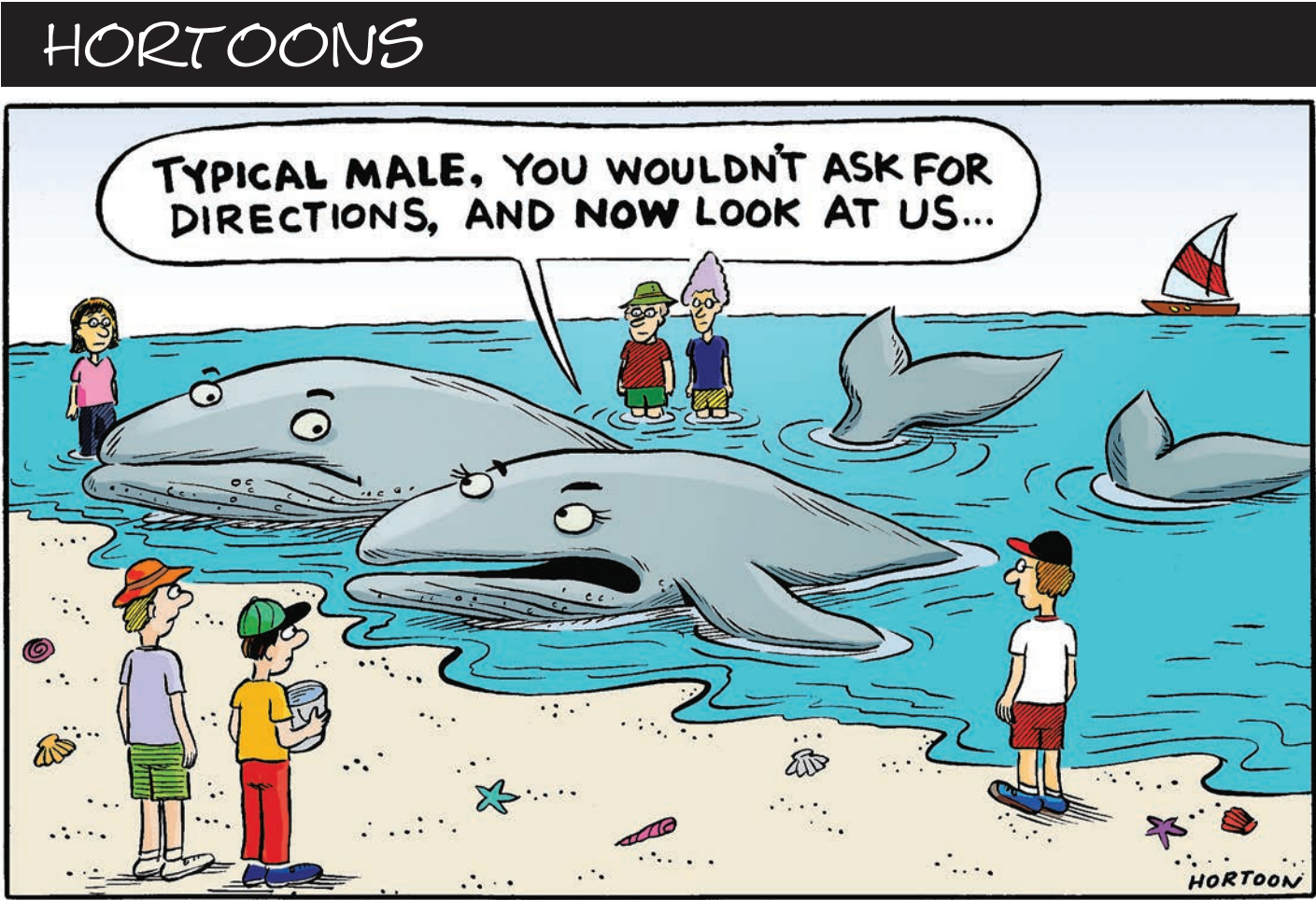
Gulf-front property owners should make sure that their properties are in compliance with the city's sea turtle protection ordinances and ensure that artificial lighting from the property is not illuminating the beach (Sanibel Code Section 74-181-74-183, Section 126-996-126-1002).



An easy way to test if your property is in compliance is to stand on the beach on a moonless night and look seaward. If you can see your shadow cast towards the water, there is too much light behind you. This light could potentially deter female turtles from nesting or disorient hatchlings as they emerge from the nest.

We look forward to another successful sea turtle nesting season and hope to uphold Sanibel's reputation as having one of the darkest and most "turtle friendly" beaches in the state. We ask for your continued compliance with city's sea turtle protection ordinances and remind all residents and visitors that violations of these ordinances may be subject to city, state, and/or federal fines and penalties. Violations should be reported immediately to the Sanibel Police Department at 472-3111, Sanibel Code Enforcement at 472-4136, or Natural Resources at 472-3700.

For more information regarding sea turtles on Sanibel, visit the city's website at <http://mysanibel.com/Departments/Natural-Resources/Protecting-Our-Beaches/Sea-Turtles>.



# Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bonita Beach	Bonita Springs	1986	2,200	\$2,550,000	\$2,550,000	0
Costa Amalfi	Fort Myers	2013	2,600	\$1,795,000	\$1,500,000	83
Anacapri	Miromar Lakes	2007	4,009	\$1,428,000	\$1,357,000	16
Palm Isles	Fort Myers Beach	2009	4,114	\$1,399,000	\$1,287,500	84
Pelican Landing	Bonita Springs	2000	3,840	\$1,198,000	\$1,050,000	91
Shell Harbor	Sanibel	1974	2,615	\$1,149,000	\$1,135,000	40
Castaway Estates	Sanibel	1982	2,464	\$998,000	\$925,000	93
Carolands	Bonita Springs	1990	2,310	\$925,000	\$925,000	238
Bayview Acres	St. James City	2006	3,282	\$849,000	\$849,000	82
Cape Coral	Cape Coral	2007	3,407	\$825,000	\$825,000	288





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